



JOIN THE BIG KNIT 2024/2025

Get Involved

- Knit some little hats
- Drop them into our shop
- Every Innocent smoothie bottle sold with a hat raises money for your local Age UK

Drop your hats off:

 4-6 Woolshops, Halifax HX1 1RJ

If you can't drop off your hats...

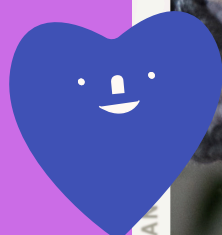
Contact us and we can arrange to collect your hats from your home:

 01422 252 040

 enquiry@ageukck.org.uk



2



THANK YOU

THANK YOU FOR YOUR INTEREST IN JOINING THIS YEAR'S BIG KNIT CAMPAIGN. YOUR LITTLE HATS TRULY MAKE A BIG DIFFERENCE.

THE BIG KNIT IS A COLLABORATION BETWEEN INNOCENT SMOOTHIES AND AGE UK. STARTING IN 2003, INNOCENT HAS BEEN PUTTING LITTLE HATS ON THEIR SMOOTHIES, GIVING MONEY TO AGE UK FOR EVERY BEHATTED BOTTLE SOLD.

SINCE THEN, THE BIG KNIT HAS RAISED A WHOPPING £3.2 MILLION WHICH HAS HELPED AGE UK TO PROVIDE SUPPORT FOR OLDER PEOPLE WHO NEED IT THE MOST.

**HATS WILL BE BACK ON SMOOTHIE BOTTLES
IN AUTUMN 2025 AND FOR EVERY
BEHATTED BOTTLE SOLD, INNOCENT WILL
BE GIVING 30P TO AGE UK TO HELP
PROVIDE VITAL SERVICES FOR OLDER
PEOPLE IN THE LOCAL COMMUNITY.**



**THIS PACK CONTAINS A FEW KNITTING
PATTERNS TO HELP YOU GET STARTED ON
YOUR BIG KNIT JOURNEY (PLEASE FEEL
FREE TO USE YOUR OWN PATTERNS IF YOU
WISH), DETAILS ON HOW TO RETURN YOUR
LITTLE KNITTED CREATIONS TO US, AND
INFORMATION ON HOW YOUR HATS WILL
HELP US CONTINUE TO SUPPORT OLDER
PEOPLE ACROSS CALDERDALE & KIRKLEES.**

**FREE WOOL IS AVAILABLE FROM OUR SHOP IN HALIFAX IF YOU'D LIKE
TO SUPPORT THE BIG KNIT AND YOU DON'T HAVE YOUR OWN WOOL.**

heart bobble hat

beginner pattern by Juliet Bernard

Yarn: Blue and white DK

Needles: 4mm

Hat

Cast on 31 sts in white

Knit 1 row (garter st)

Change to blue and knit 1 row

Now work from the chart below in stocking stitch until you've finished row 14

Continue in blue

Next row: k2tog to last st, k1 (16sts)

Next row: purl

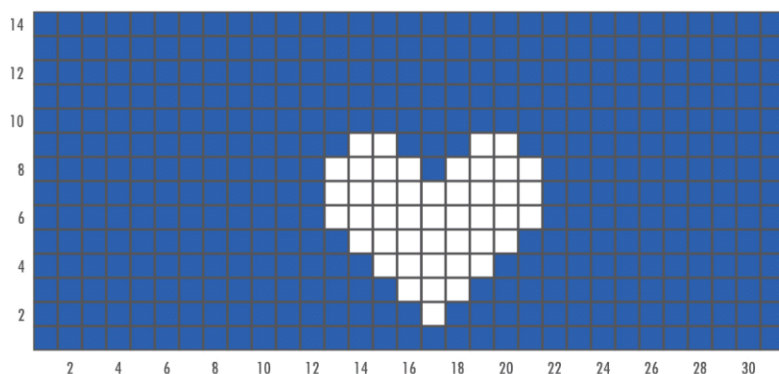
Next row: k2tog to end (8sts)

Cut the yarn leaving approx 10cm length. Thread this through a sewing needle and bring through stitches and pull up to tighten.

Making up

Use a sewing needle to join side seams.

Make a pompom in blue and sew securely to top of the hat.



Abbreviations: St(s) - stitch(es) | st st - stocking stitch | k2tog - knit two together

apple hat

intermediate pattern by Juliet Bernard

Yarn: Green and brown DK with some red and black for embroidery

Needles: 4mm

Hat

Cast on 31 sts in green

Beginning with a knit row continue in st st for 14 rows

Next row: k2tog to last st, k1 (16sts)

Next row: purl

Next row: k2tog to end (8sts)

Change to brown

Next row: p2tog 4 times then work an icord for 6 rows.

Next row: K2tog twice. (2sts)

Next row: k2tog and fasten off

Leaf

CO 3 st in green

Row 1: kfb k1 kfb (5sts)

Row 2: purl

Row 3: k2 m1, k1, m1, k2 (7sts)

Row 4: purl

Row 5: knit

Row 6: purl

Row 7: k1, ssk, k1, k2tog, k1 (5sts)

Row 8: purl

Row 9: ssk, k1, k2tog (3sts)

Making up

Use a sewing needle to join side seams and sew in the ends. Attach the leaf to the stalk. Embroider eyes and mouth in black and apple cheeks in red.



Abbreviations: St(s) - stitch(es) | st st - stocking stitch | k2tog - knit two together

Mini Beehive

by DMC Creative World



SIZE

To fit an innocent smoothie

YARN

- Cotton 2 Ply yarn/thread in cream
- Small amounts of fine crochet thread in red, white, black and yellow.

YOU WILL ALSO NEED

- A 3mm (UK11/US -) Pony crochet hook
- Yarn needle to darn in ends
- Toy stuffing

TENSION

Tension is not critical for this project

ABBREVIATIONS

| | |
|-----|----------------|
| ch | chain |
| dc | double crochet |
| htr | half treble |
| ss | slip stitch |
| rep | repeat |

STITCHES USED

Magic ring

PATTERN:

Instructions

- Using a 3mm crochet hook and cream 2 ply yarn:
- **Round 1:** Work 11dc into magic ring.
- **Round 2:** work 2dc into each dc to end. (22dc).
- **Round 3:** *1dc in next dc, 2dc in next dc rep from * to end. (29dc).
- **Rounds 4 – 11:** work into the back loop of every dc of the previous round to end. This creates the ridged effect of the beehive.
Then working in spiral:
- **Rounds 12 – 15:** work ss into every stitch.
ss into next st and close.

Bee Body

- Use a 3mm crochet hook and yellow crochet thread.
- **Round 1:** 2ch, 6dc in second chain from the hook, ss into first st of round. (6dc).
- **Round 2:** 1ch, 2dc into each st, ss into first st of round. (12dc). Change to black.
- **Rounds 3 – 4:** 1ch, dc into every stitch, ss into first st of round. (12dc). Change to yellow.
- **Rounds 5 – 6:** 1ch, dc into every stitch, ss into first st of round. (12dc). Change to black.
- **Rounds 7 – 8:** 1ch, dc into every stitch, ss into first st of round. (12dc). Change to yellow and work in a spiral, filling bee with stuffing as you are working.
- **Rounds 9 – 11:** 1ch, (dc2tog over next 2sts) rep until you have 1 stitch on your hook. Weave in end to close. Fasten off.
- Embroider mouth using a small length of black and work two French knots for the eyes.

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Bee Wings: Make 2.

- Use a 3mm crochet hook and white and working in a spiral.
- **Round 1:** 2ch, 6dc in second chain from the hook. (6dc).
- **Round 2:** (2dc into first st of previous round, 1dc into each of next 2sts) rep to end. (8dc).
Fasten off.
- Stitch wings onto centre back.
- Weave in ends.

Mini Flowers: Make 2.

- Use a 3mm hook and start with yellow.
- Make a magic ring and work 6 dc into the ring.
- Change to red.
- **Round 1:** *1ss, 1htr, 1ss repeat to end. ss to join with 1st stitch.
Fasten off.

Making Up

- **1.** Thread a length of cream 2 ply yarn into the top of the beehive. Make 10 chain and carefully attach to the centre of the yellow body of the bee in between the wings.
- **2.** Attach the flowers to the outside of the beehive.

PROUDLY SUPPORTING



**TEXT 'HATS' TO 70004 TO DONATE
£1.50 TO AGE UK***

*Each text costs £1. 50 plus network charge. Age UK receives 100% of your £1.50 donation. Obtain bill payers permission. Call 0800 169 8787 for more information. Age UK is a charitable company limited by guarantee and registered in England and Wales (registered charity number 1128267 and registered company number 6825798).

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Thanks for knitting a little hat for the innocent Big Knit. Your creation will go onto one of innocent's smoothie bottles, into the shops, and help keep older people warm and well this winter. Please send your hats to The Big Knit, Fruit Towers, 342 Ladbroke Grove, W10 5BU. To find out more visit thebigknit.co.uk

cheeky monkey

advanced pattern by Amanda Berry from Fluff and Fuzz

You will need: a pair of 3.25mm (UK 10/US 3) straight knitting needles, a darning or tapestry needle, a sewing needle, brown, beige, yellow and black DK yarn, embroidery thread, 2 x 4mm black beads, a piece of white felt and some toy stuffing (cotton wool balls work just as well)

Grab a banana and get comfy in your favourite knitting spot. Let's get down to monkey business.

techniques

To cast on: Use the knitted cast on for all pieces. For seaming: Use mattress stitch.

To cast off: Cut the yarn leaving a 30cm tail. Thread the tail onto a darning needle and sew through the remaining stitches on the knitting needle. Pull the stitches off the knitting needle onto the yarn, gather tightly together and secure the yarn.

pattern for the body

Make 1. Cast on 28 sts in brown on straight 3.25mm needles

Rows 1 and 2: k

Rows 3 to 16: Starting with a RS knit row, work in st.st

Row 17: k2tog fourteen times (14 sts)

Row 18: p

Row 19: k2tog seven times (7sts)

Pull through to cast off

for the head

Make 1. Cast on 9 sts in brown on straight 3.25mm needles

Start at the back of the head

Work rows 1 to 8 in brown

Row 1: p (WS)

Row 2: kfb nine times (18 sts, RS)

Row 3: p

Row 4: [kfb, k2] six times (24 sts)

Rows 5 to 8: Starting with a WS purl row, work in st.st

Work rows 9 to 14 in beige

Row 9: p

Row 10: k3, [k2tog, k1] six times, k3 (18 sts)

Rows 11 to 13: Starting with a WS purl row, work in st.st

Row 14: k2tog nine times (9 sts)

Pull through to cast off

Abbreviations DK - Double knitting or light worsted weight yarn; k - knit; kfb - knit into the front and back of the next stitch; k2tog - knit two stitches together; p - purl; rep - repeat; RS - right side of work; st(s) - stitch(es); st.st. - stockinette, knit on RS, purl on WS; WS - wrong side of work



for the ears

Make 2. Cast on 8 sts in brown on straight 3.25mm needles

Row 1: k

Row 2: k2tog four times (4 sts)

Pull through to cast off

for the arms

Make 2. Cast on 5 sts in brown on straight 3.25mm needles

Rows 1 to 16: starting with a WS purl row, work in st.st

Pull through to cast off

for the banana

Make 1. Cast on 3 sts in yellow on straight 3.25mm needles

Row 1: p (WS)

Row 2: k1, kfb, k1 (4 sts, RS)

Row 3: p

Row 4: k1, kfb twice, k1 (6 sts)

Rows 5 to 7: Starting with a WS purl row, work in st.st

Row 8: k1, k2tog twice, k1 (4 sts)

Row 9: p

Row 10: k1, k2tog, k1 (3 sts)

Pull through to cast off

here comes the sewing bit...

make the hat

Sew the side edges together to make the back seam.

make monkey's head

Sew the side edges together adding a little stuffing as you sew (this seam runs down the underside of the head). Gather the cast on sts together. Use black embroidery thread to add the mouth. Sew on the beads backed with felt circles for eyes.

make monkey's ears

For each ear, sew the first and last cast on sts together to make a small circle, and sew onto the side of the head.

now to put it all together

Sew the finished head onto the top of the hat. Now take the arms and sew the side edges of each arm together, and sew the cast on edge onto the top of the hat. Make the banana by sewing the side edges together and adding a little stuffing as you sew, then gather the cast on stitches together. Sew the banana onto monkey's hand to finish.

Good job, you've created the cheekiest of cheeky monkeys.

The Crochet Tortoise

by Val Pierce



SIZE

To fit an innocent smoothie

YARN

Any DK weight yarn

A: Brown

B: Beige

C: Dark Green

Scraps of black yarn

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YOU WILL ALSO NEED

- A 3.75mm (UK9/USF) Pony crochet hook
- Small amount of toy stuffing
- 2 black beads
- Yarn needle for finishing
- Scissors for finishing

TENSION

Tension is not critical for this project

PATTERN NOTES

UK crochet terminology used throughout

ABBREVIATIONS

| | |
|--------|------------------------------------|
| ch | Chain |
| dc | Double crochet |
| dc2tog | Double crochet 2 stitches together |
| ea | Each |
| rep | Repeat |
| ss | Slip stitch |
| st(s) | Stitch(es) |
| tr | Treble crochet |

PATTERN

Hat

- Using A make 2ch
- Work 6dc in second ch from hook and join in a circle with ss
- **Round 1:** 1ch (counts as 1dc throughout), 2dc in ea dc to end, join with ss. 12 dc
- Break A and join in B
- **Round 2:** 1ch, [1dc in next dc, 2dc in next dc] to end, join with ss. 18 dc
- **Round 3:** 1ch, [1dc in ea of next 2 dc, 2dc in next dc] to end, join with ss. 24 dc
- **Round 4:** 1ch, 1dc in ea dc to end, join with ss
- **Rounds 5-9:** As round 4. Break B and join in C
- **Round 10:** 2ch, 2tr in first dc, ss in next dc, [3tr in next dc, ss in next dc] to end, join with ss
- Fasten off

Head

- **Note:** Stuff the head as you go
- Using B make 2ch
- Work 6dc in second ch from hook and join in a circle with ss
- **Round 1:** 1ch, 2dc in ea dc to end, join with ss. 12 dc

- **Round 2:** 1ch, [1dc in next dc, 2dc in next dc] to end, join with ss. 18 dc
- **Round 3:** 1ch, work 1dc in ea dc to end, join with ss
- **Round 4:** As round 3
- **Round 5:** 1ch, [1dc in next dc, dc2tog] to end, join with ss. 12 dc
- **Round 6:** 1ch, [dc2tog] to end. 6 dc Fasten off and break yarn leaving a 15cm / 6in tail for closing the top and attaching the head. Stuff firmly using the end of your crochet hook to help

Feet (make 4)

- Using B make 3ch
- Work 11tr into third ch from hook and join in a circle with ss
- Fasten off and break yarn leaving 15cm / 6in tail for attaching to the body. Run the tail through the last round of sts with a tapestry needle, add a tiny bit of stuffing to pad lightly, draw up tightly to form a ball. Secure and fasten off

Shell Patches (make 4)

- Using A make 2 ch
- Work 6dc in second ch from hook and join in a circle with ss
- **Round 1:** 1ch, 2dc in ea dc to end, join with ss. 12 dc
Break A and join in B
- **Round 2:** 1ch, [1dc in next dc, 2dc in next dc] to end, join with ss. 18 dc Fasten off

MAKING UP

- Attach the head to the front of the body then sew the patches neatly around the outside of the shell
- Sew one foot to each corner of the shell and a bead to each side of the head for eyes

FINISHING

Weave in all ends and trim

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HOW DO I RETURN MY HATS?



HATS CAN BE RETURNED TO ANY OF OUR OFFICIAL SITES BY 30TH JUNE 2025.

ALL HATS CAN BE DROPPED OFF AT ANY OF OUR OFFICIAL SITES:

- OUR SHOP IN HALIFAX (4-6 WOOLSHOPS)
- RIMANI HOUSE WELLBEING CENTRE (HALL STREET, HALIFAX)
- SUNDALE HOUSE WELLBEING CENTRE (KELDREGATE, BRADLEY, HUDDERSFIELD)

- WHITFIELD WELLBEING CENTRE (SOOTHILL, BATLEY)

IF YOU ARE UNABLE TO GET TO ANY OF OUR SITES, WE MAY BE ABLE TO ARRANGE A COLLECTION FROM YOUR HOME. PLEASE CONTACT 01422 252 040 FOR MORE INFORMATION.

HOW WILL MY HATS SUPPORT AGE UK?



COMPANIONSHIP

FUNDS WILL SUPPORT OUR BEFRIENDING SERVICE AND OUR WELLBEING CENTRES



SUPPORT

FUNDS WILL HELP US PROVIDE VITAL SUPPORT SUCH AS HOME HELP, DEMENTIA SUPPORT AND OUR HOME FROM HOSPITAL SERVICE



ACTIVITIES

FUNDS WILL HELP US TO RUN ACTIVITIES IN THE COMMUNITY FROM DANCING TO YOGA TO WALKING TENNIS



DAYS OUT

FUNDS WILL HELP US OFFER DAYS OUT TO OLDER PEOPLE WHO MAY OTHERWISE NOT BE ABLE - SUCH AS TO THE SEASIDE

**FOR MORE
INFORMATION**

CONTACT AGE UK
01422 252 040
ENQUIRY@AGEUKCK.ORG.UK

**VISIT THE OFFICIAL BIG
KNIT WEBSITE**
WWW.INNOCENTDRINKS.CO.UK/
BIG-KNIT