



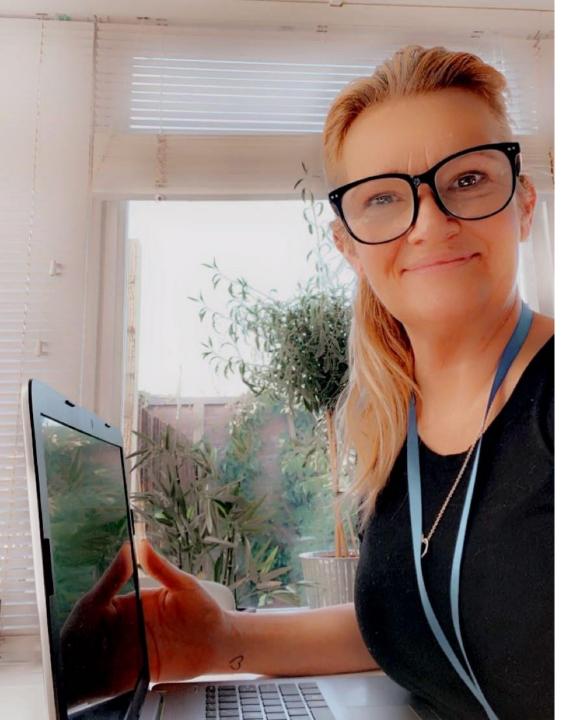
We are delighted to take part in Age of Creativity Festival 2021 - Celebrating a Creative Later Life across England. This annual festival is led by Age UK Oxfordshire, with Age UK and hundreds of Age of Creativity network members.

Some of our staff, volunteers and service users have shared photographs of themselves, their interests and hobbies. We share these with you here.

See who we are and some of the things we've been doing during lockdown.

PEOPLE

Take a look at us...

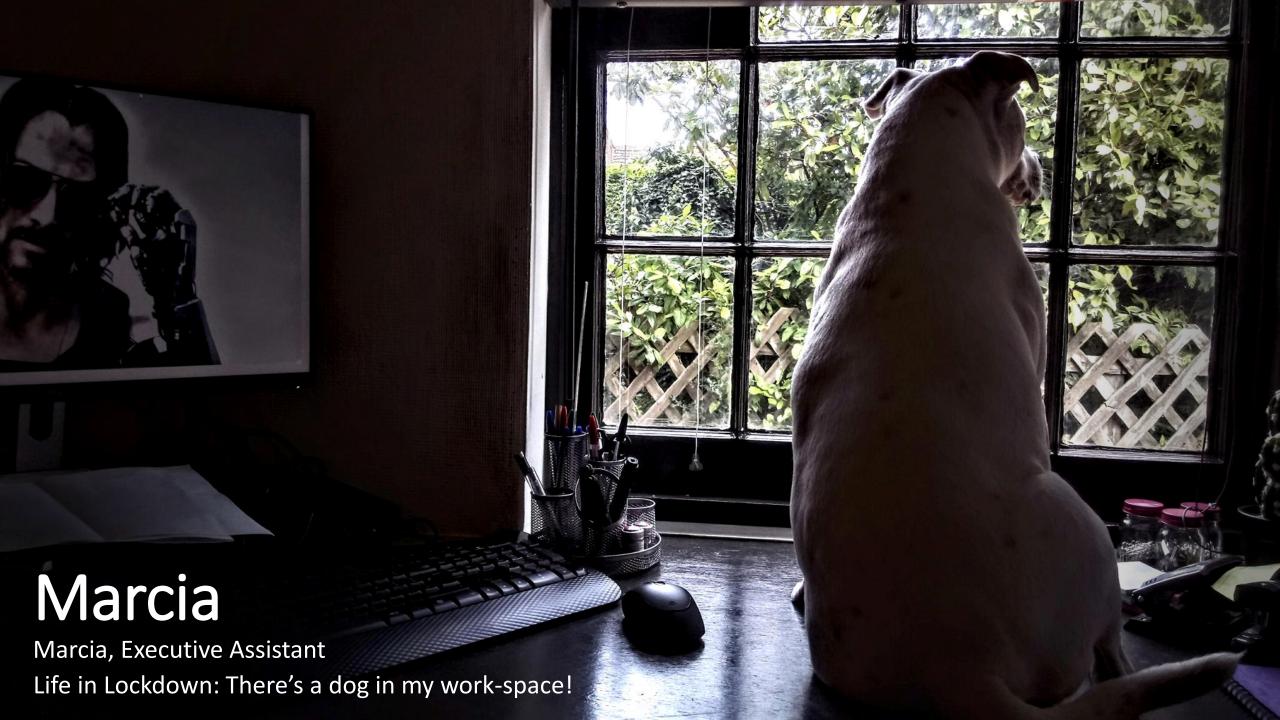


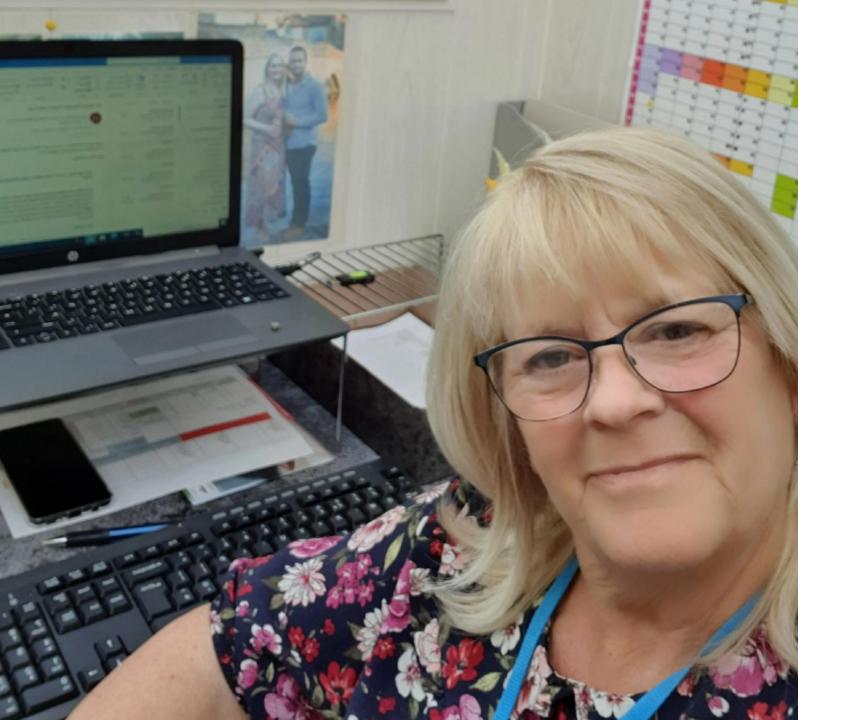
Lucy: Home working...

Chief Operating Officer

...Something that we all took on so quickly, we changed the whole way of working to keep safe through the lockdowns. Carrying out our daily work from home with laptops, VoIPs and mobiles we made a smooth transition to remote working without affecting our communication and delivering our good work. It can be lonely, cut off and miss the importance of physical communication in the office, but we had to adapt to the world around us, and now we have grown into this new way and have become TEAMS experts to help keep us connected.







Gill

Community Warden Team Leader

My work at home office.

Joe Improving Mobility

By, Gemma, Community Warden

This lovely service user joined the warden scheme six weeks ago after a lengthy stay in hospital. He was looking to improve his mobility and confidence. After two short walks a week with him, he is ready to run!





Joy of a Dog

By, Anita, Community Warden

A lady I visit told me she felt she had to be kind and had no option but to give her beloved dog away as she could no longer walk her.

I put her in touch with a charity who organises volunteer dog walkers and in the meantime I walk Suzi(the dog) with love in my heart.

It's a joy and I'm so pleased that I've been able to help keep them together. It would have been heart breaking for her to have parted with her beloved dog.

Alison and Albert

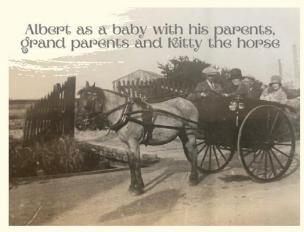
Alison, Sharing Time
Volunteer, really
enjoys her
conversations with
Albert.

"He's an incredible and interesting man."











Albert, Service User 94 years old (nearly 95) Gambridge

> Alison Hall, Volunteer

thanks to Age UK



Lynn

Hospital Discharge Support Worker

Here I am in my AUKCAP polo shirt after doing a bed move. I mainly assess our service users at home to look at providing support which makes living at home easier and safer. I also help with emergency shopping, service user IT problems, assist with arranging doctor and medication call backs.



Ruth

Service user - Happy at Home





Zonia

Service user - Completing the Fenland Survey and pleased to be able to make a contribution.



Amy Lockdown Office

Visiting Support Service Team Coordinator

As we moved to remote working, we set up a new desk space in the conservatory so that I wasn't looking at the same four walls of the spare bedroom! In the office I was used to having people around to chat to, so my cat and dog have filled that role nicely!

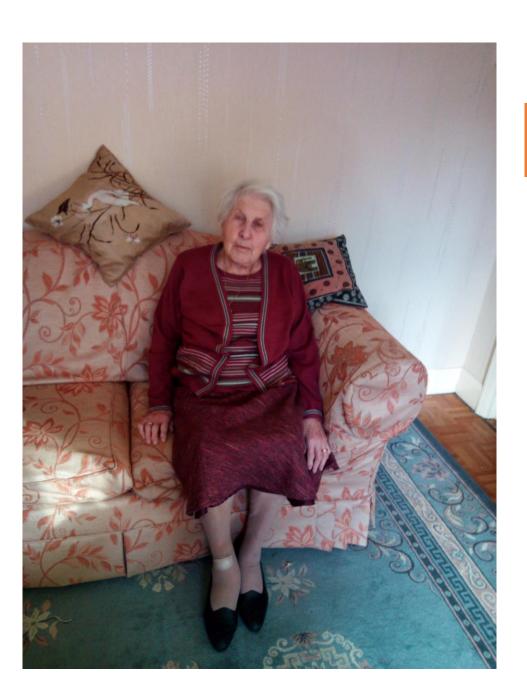




Alison and Lynn Alison (Sharing Time Volunteer) and Lynn

We share a mutual love of coffee, chatting, plus Christmas jumpers and cannot wait for visits to start again.





Ingrid Service user

I gave an interview to the Cambridge Evening News about the Community Warden Service and my experience during the pandemic. I really appreciated the chance to put my thoughts forward and felt I was listened too.









Beverley

Communications and Campaigns Manager

Our 'Bring Me Sunshine' video cheered lots of us up — I can't believe it's a year ago!

Every day is varied in my role, and I love it.

Meg and Cathy

Sharing Time volunteer

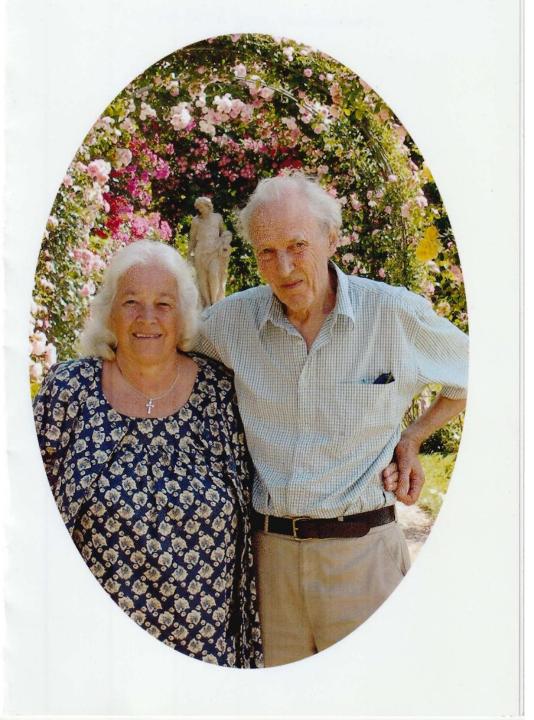
Friends together, sharing time





Cathy Service user

Taken by my friend Ruby



Dr Bryon Bache and his late wife

Service user

Bryon was responsible for pioneering the research into Acid Rain.



Talitha

Sharing Time Volunteer

Selfie





Michelle

Sharing Time volunteer

I'm so pleased to have had my hair done, now we're coming out of lockdown! I'm 'hair' ready to resume my visits soon.

Beryl - Celebrating 100 Years Young



Beryl with Joy, Sharing Time Volunteer



Beryl with Carol, Sharing Time Team Leader

Beryl shared some wisdom with us:

- Best piece of advice for a younger person? "Have a good time, learn to dance its great fun."
- Best invention? "Skype / facetime as this is how I keep in touch with Janice, my daughter in Canada."
- Secret to a long life? "Be kind, be happy, never lose your sense of humour".



Anne

Sharing Time Volunteer

Summer is coming, (soon I hope!)







Ally

Day Services Organiser

I enjoy making a difference to the service users lives. It's great to see them back and happy.

Paola

Day Services Volunteer

I enjoy talking to the service users and doing something for them – like here, putting flowers on the lunch tables, it's so cheerful.









It's great to be back. It's beautiful here, always something to do and someone to chat to. I feel 10 years younger when I'm here!







Arthur

I really enjoy being at the centre, it's all about the company and the staff are great.







Gill

I would be lost without this place and my friends.



Donna Day Services As

Day Services Assistant Organiser

I enjoy being here and find it rewarding. I feel it's a very important service that we provide.







Michael

I like the games and all the fun we have.

