



Service Overview

- We support safe discharges home from hospital, and we can support those at home to prevent an admission or readmission.
- We offer an assessment in your own home to identify personal needs.
- Our wraparound, holistic service supports the regaining or retaining of independence.

Service Information

For Who: Over 60's

Where: Countywide

Cost: Free Service

Contact Us

Email: HDsupport@ageukcap.org.uk

Tel: **01354 691896**

What Can We Help With?

- Furniture and Bed moves
- Key safe fitting prior/upon discharge
- Grab rail fitting
- Support to settle home on day of discharge
- Essential food shops
- Essential medical needs/prescription collections
- Urgent welfare visits or welfare phone calls
- Support to identify and navigate to longer term services needed

Our Services

Information and Advice

Finances, Health, Social Care, and much more

Practical Support

Community Wardens

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

Social Opportunities

Day Services and Friendship Clubs

Sharing Time

Get Involved

Volunteering

Fundraising

Visit our website

www.ageukcap.org.uk

Registered Charity No. 1165856