

# March Day Clubs

Assisting older people to maintain their independence by offering the opportunity for social interaction and providing a secure, enjoyable and stimulating environment.

## How can we help

- Hot meal and refreshments
- Games and quizzes
- Arts and crafts
- Various entertainment
- Respite for families and caregivers

Join us!

**Monday or  
Wednesday**  
10.00am to  
2.30pm

## Contact Us



**01733 806336**



**dayservices@ageukcap.org.uk**



**www.ageukcap.org.uk**

