

## Tuesday Club

Assisting older people to maintain their independence by offering the opportunity for social interaction and providing a secure, enjoyable and stimulating environment.

### How can we help

- Refreshments
- Games and quizzes
- Arts and crafts
- Various entertainment
- Respite for families and caregivers

### Contact Us



01733 806336



dayservices@ageukcap.org.uk



[www.ageukcap.org.uk](http://www.ageukcap.org.uk)



Our Tuesday Club in **March** is for older people with learning difficulties.

