



Day Services

- ☐ Our staff are trained to support your health and wellbeing, and to help you remain independent.
- ☐ Opportunity to socialise and feel secure in a happy and stimulating environment.

Come and join us from 10am-2.30pm!

- ☐ **Cherry Trees – Cambridge**
Monday, Tuesday and Thursday
- ☐ **Monday, Tuesday & Wednesday Club – March**
Tuesday is for older people with learning difficulties
- ☐ **Orton Malbourne – Peterborough**
Monday and Wednesday
- ☐ **Oasis & St Augustine Centre-Wisbech**
Monday, Wednesday and Friday

Contact us to find out more

Email: dayservices@ageukcap.org.uk

Tel: **01733 806 336**

What can we help with

- ☐ An opportunity for older people to socialise, make friends and participate in activities.
- ☐ A hot meal is served at some of our day centres.
- ☐ Support to access other services.
- ☐ Vital respite for families and carers.

Our Services

☐ Information and Advice

Finances, Health, Social Care, And Much More

☐ Practical Support

Community Wardens

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

☐ Social Opportunities

Day Services and Friendship Clubs

Sharing Time

☐ Get Involved

Volunteering

Fundraising

Visit our website

www.ageukcap.org.uk

Registered Charity No. 1165856