



Day Services

- Our staff are trained to support your health and wellbeing, and to help you remain independent.
- Opportunity to socialise and feel secure in a happy and stimulating environment.

Come and join us from 10am-2.30pm!

- Cherry Trees- Cambridge**
Monday, Tuesday and Thursday
- Monday & Tuesday Club—March**
Tuesday is for older people with learning difficulties
- Orton Malbourne- Peterborough**
Monday and Wednesday
- Oasis & St Augustine Centre-Wisbech**
Monday, Wednesday and Friday

Contact us to find out more

Email: dayservices@ageukcap.org.uk

Tel: **01733 806 336**

What can we help with

- An opportunity for older people to socialise, make friends and participate in activities.
- A hot meal is served at some of our day centres.
- Support to access other services.
- Vital respite for families and carers.

Our Services

Information and Advice

Finances, Health, Social Care, And Much More

Practical Support

Community Wardens

Hospital Discharge and Admission Avoidance

Cambridgeshire Handyperson

Social Opportunities

Day Services and Friendship Clubs

Sharing Time

Get Involved

Volunteering

Fundraising

Visit our website

www.ageukcap.org.uk

Registered Charity No. 1165856