



Day Services

Day Services

Our Day Centres offer the opportunity for older people to socialise, make friends, and participate in activities in a happy and secure environment.

Our Day Centres offer the opportunity for older people to socialise, make friends, and participate in activities in a happy and secure environment.

How can we help

How can we help

- Our staff are trained to support our members' health and wellbeing and help people to remain independent.
- Vital respite for families and carers, as well as providing support to access other services.
- Hot lunch provided with refreshments throughout the day
- A variety of activities, crafts, games, entertainment, and gentle exercise.

- Our staff are trained to support our members' health and wellbeing and help people to remain independent.
- Vital respite for families and carers, as well as providing support to access other services.
- Hot lunch provided with refreshments throughout the day
- A variety of activities, crafts, games, entertainment, and gentle exercise.

Contact Us

-  01733 806336
-  dayservices@ageukcap.org.uk
-  www.ageukcap.org.uk

We have centres located in Cambridge, Peterborough, March and Wisbech



Contact Us

-  01733 806336
-  dayservices@ageukcap.org.uk
-  www.ageukcap.org.uk

We have centres located in Cambridge, Peterborough, March and Wisbech

