

March Day Clubs

Assisting older people to maintain their independence by offering the opportunity for social interaction and providing a secure, enjoyable and stimulating environment.

How can we help

- Hot meal and refreshments
- Games and quizzes
- Arts and crafts
- Various entertainment
- Respite for families and caregivers

Join us!

**Monday or
Wednesday**
10.00am to
2.30pm

Contact Us



01733 806336



dayservices@ageukcap.org.uk



www.ageukcap.org.uk



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