Cambridgeshire & Peterborough age UK
Let's change how we age

Peterborough Day Centre

Our Day Centres offer the opportunity for older people to socialise, make friends, and participate in activities in a happy and secure environment.

How can we help

- Our staff are trained to support our members' health and wellbeing and help people to remain independent.
- Vital respite for families and carers, as well as providing support to access other services.
- Hot lunch provided with refreshments throughout the day
- A variety of activities, crafts, games, entertainment, and gentle exercise.

Join us!
Mondays and Wednesdays
10.00am to 2.30pm

Contact Us

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