

## Tuesday Club



Assisting older people to maintain their independence by offering the opportunity for social interaction and providing a secure, enjoyable and stimulating environment.

### How can we help

- Refreshments
- Games and quizzes
- Arts and crafts
- Various entertainment
- Respite for families and caregivers

### Contact Us

 01733 806336  
 [dayservices@ageukcap.org.uk](mailto:dayservices@ageukcap.org.uk)  
 [www.ageukcap.org.uk](http://www.ageukcap.org.uk)



Our Tuesday Club in **March** is for older people with learning difficulties.

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