

Assisting older people to maintain their independence by offering the opportunity for social interaction and providing a secure, enjoyable and stimulating environment.

## How can we help

- Hot meal and refreshments
- Games and quizzes
- Arts and crafts
- · Various entertainment
- Respite for families and caregivers

Come and join us!

We have centres

located in

Cambridge,

Peterborough, March

and Wisbech

## **Contact Us**











