

## How to donate

Donations support our many services that help older adults to enjoy later life.

### How to donate

- Online • Send a cheque • By Phone
- Free through your online shopping!
- Leave a gift in your Will

**£6**

Supports one home visit from a volunteer to reduce isolation and loneliness.

### Contact Us



0300 666 9860



[donate@ageukcap.org.uk](mailto:donate@ageukcap.org.uk)



[www.ageukcap.org.uk](http://www.ageukcap.org.uk)

