

Friendship Clubs offer a place for older people to meet up, have access to information and advice, but most importantly, a place to chat and enjoy each other's company.

## How can we help

- Available for residents over 60 within the Peterborough area.
- · Games and other activities
- Trips and Outings
- Entertainment

The clubs are independent and run by volunteers, with Age UK Cambridgeshire & Peterborough's support and guidance.

## **Contact Us**







www.ageukcap.org.uk





