

# Information & Advice

Age UK Cambridgeshire & Peterborough offers a free and confidential information and advice service for older people, their families, and carers.

## How can we help

- Information that is accurate and up to date
- We listen and understand
- Explain the choices you have
- If we can't help, we can put you in touch with people who can

Our friendly team  
are here to support  
you with any issues  
that are concerning  
you

## Contact Us



0300 666 9860



infoandadvice@ageukcap.org.uk



www.ageukcap.org.uk



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Information & Advice  
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