

Assisting older people to maintain their independence by offering the opportunity for social interaction and providing a secure, enjoyable and stimulating environment.

How can we help

- Hot meal and refreshments
- · Games and quizzes
- Arts and crafts
- · Various entertainment
- Respite for families and caregivers

Come and join us!

We have centres
located in
Cambridge,
Peterborough, March
and Wisbech

Contact Us



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