



## Day Services

Assisting older people to maintain their independence by offering the opportunity for social interaction and providing a secure, enjoyable and stimulating environment.

### How can we help

- Hot meal and refreshments
- Games and quizzes
- Arts and crafts
- Various entertainment
- Respite for families and caregivers

Come and join us!  
We have centres  
located in  
Cambridge,  
Peterborough, March  
and Wisbech

### Contact Us



01733 806336



[dayservices@ageukcap.org.uk](mailto:dayservices@ageukcap.org.uk)



[www.ageukcap.org.uk](http://www.ageukcap.org.uk)



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