

## How to donate

Donations support our many services that help older adults to enjoy later life.

### How to donate

- Online • Send a cheque • By Phone
- Free through your online shopping!
- Leave a gift in your Will

**£6**

Supports one home visit from a volunteer to reduce isolation and loneliness.

### Contact Us



0300 666 9860



donate@ageukcap.org.uk



www.ageukcap.org.uk



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