

Cambridgeshire & Peterborough Let's change how we age

Information & Advice

Age UK Cambridgeshire & Peterborough offers a free and confidential information and advice service for older people, their families, and carers.

## How can we help

- Information that is accurate and up to date
- We listen and understand
- Explain the choices you have
- If we can't help, we can put you in touch with people who can

Our friendly team are here to support you with any issues that are concerning you

## **Contact Us**



infoandadvice@ageukcap.org.uk



www.ageukcap.org.uk



Age UK Cambridgeshire & Peterborough offers a free and confidential information and advice service for older people, their families, and carers.

## How can we help

- Information that is accurate and up to date
- We listen and understand
- · Explain the choices you have
- If we can't help, we can put you in touch with people who can

Our friendly team are here to support you with any issues that are concerning

## **Contact Us**







