



Service Overview

- Flexible Assistance to meet individual needs to remain living independently at home. Providing reassuring daily contact (Mon-Fri) either in person or by telephone call.
- Support with small practical tasks to ensure a sense of security and wellbeing.
- Free 2 weeks trial.

Service Information

For Who: Over 60's

Where: Various villages/wards/towns please check website for locations

Cost: Chargeable Service

Contact Us

Email: wardens@ageukcap.org.uk

Tel: **07944 181 307 | 07812 496 004**



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What Can We Help With?

- Listening to concerns and linking the person to helpful information and guidance.
- Advice on other local community services
- Small items of shopping
- Collecting prescriptions
- Reading post
- Making phone calls on the person's behalf, if requested
- Ensuring the person's safety and wellbeing

Our Services

- Information and Advice**
Finances, Health, Social Care, and much more
- Practical Support**
Community Wardens
Hospital Discharge and Admission Avoidance
Cambridgeshire Handyperson
- Social Opportunities**
Day Services and Friendship Clubs
Sharing Time
- Get Involved**
Volunteering
Fundraising

[Visit our website](http://www.ageukcap.org.uk)

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Registered Charity No. 1165856

Community Warden

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