
Day Services



Supporting your wellbeing and independence

Our objectives are to help older people to maintain their independence and health and wellbeing, by providing services that meet individual needs.

Contact Us



0300 666 9860



dayservices@ageukcap.org.uk



www.ageukcap.org.uk



@AgeUKCAP



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“Club day is the
best day of the week
it gives me something
to look forward to.”



Day Services



Our services offer opportunities to socialise and feel secure in a happy and stimulating environment. We have several Day Services at different centres across the county.

Tea or coffee is offered and a hot meal is provided at most of the clubs.

Games, quizzes, entertainment, speakers and sometimes outings can be a part of our day.

We may be able to arrange transport or direct you to local services that can help with transport arrangements.



Our Venues

- Ambury Road
- Cherry Trees
- Monday Club
- Oasis Centre
- Orton Malborne
- Tuesday Club

Huntingdon

Cambridge

March

Wisbech

Peterborough

March

Our Services



Age UK Cambridgeshire & Peterborough offers a variety of services for older people and their carers.

Information and Advice Services:

Including Visiting Support Service for Older People

Practical Services:

- Community Wardens
- Home Support (Housework & Shopping)
- Cambridgeshire Handyperson Service
- Hospital Discharge and Hospital Admission Avoidance Support

Social Opportunities:

- Day Services & Friendship Clubs
- Sharing Time & Telephone Befriending
- Volunteering

We also:

- Campaign on issues that affect older people
- Offer **free** talks to clubs and professionals
- Hold fundraising events and activities



For more details about any of our services, please call us on: **0300 666 9860** or email **infoandadvice@ageukcap.org.uk**



Get Involved

Why not get involved and help Age UK Cambridgeshire and Peterborough to continue providing high quality services to people in later life?

If you have some spare time, there are lots of things you can do, whether you want to give your time by volunteering, take part in a fundraising event, or help with our campaigns, your help would be much appreciated.

- Volunteering
- Fundraising
- Make a Donation
- Leave a legacy

**[www.ageuk.org.uk/
cambridgeshireandpeterborough/get-involved/](http://www.ageuk.org.uk/cambridgeshireandpeterborough/get-involved/)**



Age UK Cambridgeshire and Peterborough

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Supported by:



Age UK Cambridgeshire and Peterborough is a charitable incorporated organisation registered with the Charity Commission for England and Wales with registered charity no. 1165856
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