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# Visiting Support Service for Older People

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# Visiting Support Service

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Our objectives are to help older people to maintain their independence and health and wellbeing, by providing services that meet individual needs.

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## Contact Us



01354 776 110



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[www.ageukcap.org.uk](http://www.ageukcap.org.uk)



[@AgeUKCAP](https://twitter.com/AgeUKCAP)



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“I couldn’t have sorted  
this out on my own.

**I really appreciate**  
the help provided.”



## Visiting Support Service

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Operating in East Cambridgeshire, Fenland and Huntingdonshire, we offer **free** extra support for over 65's when you need it most; particularly when you are experiencing a difficult period, such as a bereavement, ill health, financial worries or housing concerns.

We will work with you to access services and support networks.

We will listen to your thoughts and wishes and together we will plan the desired outcomes.

Our team will determine if the matters can be discussed over the telephone or if a home visit is more appropriate. You can also see our staff and volunteers in various venues at our Community Hubs.





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## Support offered:

- Assistance with forms and applications including welfare benefits, blue badges and grants etc
- Help with paperwork and liaising with third parties, organising bills and payments etc
- Assistance with housing choices, including care homes
- Adapting to changing needs, such as considering falls prevention equipment and aids
- Information about and/or referral to social groups and leisure activities
- Help to access a variety of services
- Support to access care provision

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## Our Services

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Age UK Cambridgeshire & Peterborough offers a variety of services for older people and their carers.

### Information and Advice Services:

Including Visiting Support Service for Older People

### Practical Services:

- Community Wardens
- Home Support (Housework & Shopping)
- Cambridgeshire Handyperson Service
- Hospital Discharge and Hospital Admission Avoidance Support

### Social Opportunities:

- Day Services & Friendship Clubs
- Sharing Time & Telephone Befriending
- Volunteering

### We also:

- Campaign on issues that affect older people
- Offer **free** talks to clubs and professionals
- Hold fundraising events and activities



For more details about any of our services, please call us on: **0300 666 9860** or email **[infoandadvice@ageukcap.org.uk](mailto:infoandadvice@ageukcap.org.uk)**

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## Get Involved

Why not get involved and help Age UK Cambridgeshire and Peterborough to continue providing high quality services to people in later life?

If you have some spare time, there are lots of things you can do, whether you want to give your time by volunteering, take part in a fundraising event, or help with our campaigns, your help would be much appreciated.

- Volunteering
- Fundraising
- Make a Donation
- Leave a legacy



**[www.ageuk.org.uk/  
cambridgeshireandpeterborough/get-involved/](http://www.ageuk.org.uk/cambridgeshireandpeterborough/get-involved/)**



## **Age UK Cambridgeshire and Peterborough**

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