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# Community Warden Services

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# Supporting wellbeing and independence

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Our objectives are to help older people to maintain their independence and health and wellbeing, by providing services that meet individual needs.

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## Contact Us



0300 666 9860



[wardens@ageukcap.org.uk](mailto:wardens@ageukcap.org.uk)



[www.ageukcap.org.uk](http://www.ageukcap.org.uk)



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“You help me to cope  
and always cheer me up”



## Community Warden Services



The service assists older people to continue to live independently at home by providing daily contact (Monday to Friday) and support, either by a personal visit or telephone call, to ensure a sense of security and wellbeing.

### What can we help with?

- Listening to individuals concerns and linking them to helpful information and guidance
- Advice on other local community services
- Small items of shopping
- Collecting prescriptions
- Reading post
- Making phone calls on their behalf, if requested
- Ensuring their safety and wellbeing

## Funding

The service is funded by various local agreements.

## Free Trial

Participants will be entitled to a two week free trial, however after the trial period, we charge a small fee for our service which is payable to the warden.

A warden will provide individuals with daily contact giving them peace of mind and support for independent living, this can be ongoing or short term support depending upon what they need.

It is important to note that the warden is not a domestic, home help or a carer providing physical care.



## Available locations

We are developing new services. Currently we offer services in:

- Cambridge City
- Cambridge North West Villages
- Cambridge South Villages
- Cambridge South West Villages
- Ely
- Fenland South Villages
- Fulbourn
- Girton
- Histon & Impington
- Linton
- Littleport
- Longstanton
- Peterborough
- Ramsey
- Stapleford
- Swavesey
- Teversham
- Waterbeach, Landbeach and Chittering
- Willingham & Over
- Small Villages (Weston Colville, West Wrattling, Balsham, Shudy Camps, Horseheath, Castle Camps & West Wickham)



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## Our Services

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Age UK Cambridgeshire & Peterborough offers a variety of services for older people and their carers.

### Information and Advice Services:

Including Visiting Support Service for Older People

### Practical Services:

- Community Wardens
- Home Support (Housework & Shopping)
- Cambridgeshire Handyperson Service
- Hospital Discharge and Hospital Admission Avoidance Support

### Social Opportunities:

- Day Services & Friendship Clubs
- Sharing Time & Telephone Befriending
- Volunteering

### We also:

- Campaign on issues that affect older people
- Offer **free** talks to clubs and professionals
- Hold fundraising events and activities



For more details about any of our services, please call us on: **0300 666 9860** or email **[infoandadvice@ageukcap.org.uk](mailto:infoandadvice@ageukcap.org.uk)**

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## Get Involved

Why not get involved and help Age UK Cambridgeshire and Peterborough to continue providing high quality services to people in later life?

If you have some spare time, there are lots of things you can do, whether you want to give your time by volunteering, take part in a fundraising event, or help with our campaigns, your help would be much appreciated.

- Volunteering
- Fundraising
- Make a Donation
- Leave a legacy

**[www.ageuk.org.uk/  
cambridgeshireandpeterborough/get-involved/](http://www.ageuk.org.uk/cambridgeshireandpeterborough/get-involved/)**



## **Age UK Cambridgeshire and Peterborough**

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