

Day Centre Activity Volunteer Role Description

INTRODUCTION

AgeUK Cambridgeshire is an independent, local charity which exists to improve the life of older people in the county. The charity meets this objective by:

- Providing services
- Campaigning for a better deal for older people
- Working in partnership with other organisations
- Identifying, and finding new ways to meet new and changing needs

Volunteer role: To assist the day centre organiser

Key contact: The Day Centre Organiser

Placement: Opportunities in Wisbech, Peterborough, March, Huntingdon and Cambridge

DBS check level: Enhanced level

Training required: Mandatory AgeUK CAP induction and service specific training. Additional training offered as appropriate for this role.

ROLE PURPOSE

To be able to spend some quality time with service users and support the centre staff to provide a variety of engaging activities for the session. You will be helping service users to take part in both group and 1-2-1 activities and ensuring that all service users feel welcome, included and have an enjoyable time when they attend our day centre.

Skills/Abilities and experience beneficial to the role

A real desire to make a difference to older people's lives but you may also have:

- An ability to work as a team member
- A friendly, enthusiastic, and patient approach to working with people.
- An understanding of the need for an older person to retain their independence and their ability to make decisions.
- Be reliable and responsible for own actions.
- Be able to empathise, respect and engage with all service users regardless of cultural or social background
- Demonstrate strong listening and good communication skills
- An interest and enthusiasm for developing activities for older people

Tasks/responsibilities

- Help set up and join in with activities, including craft, quizzes and entertainment.
- Support service users to take part in both group and individual activities
- To engage with the supervision, direction and support offered by AgeUK CAP
- Undertake training as required for this role
- Respect service users and organisation confidentiality at all times.
- Raising awareness of general services and activities which might be provided by AgeUK CAP or others, to the benefit of older people and their families