

Volunteer role description

Volunteer role: Day Club Volunteer
Key contact: Day Club Organiser who will provide direction and supervision
Placement: Day Clubs in Fenland, Huntingdon and Cambridge
Time Commitment: 1x6hour session on a club day
DBS check level: Basic level DBS check and 2 satisfactory references required

Training required: Age UK induction training is mandatory and you will not start your role with us prior to completing that. There may be additional on the job service specific training required. Thereafter volunteers are expected to attend at least 2 team / volunteer meetings per year to share experiences and, receive training and direction from the organised event.

INTRODUCTION

Age UK Cambridgeshire & Peterborough is an independent charitable organisation which exists to improve the life of older people in the county. The charity meets this objective by;

- Providing services
- Campaigning for a better deal for older people
- Working in partnership with other organisations
- Identifying, and finding new ways to meet new and changing needs

ROLE PURPOSE

To assist and support staff and members of the club, providing a friendly and stimulating day out for older people on the day club sites.

Volunteers can chat, assist with the provision of refreshments and a hot meal at lunch time. Assisting or lead activities, if they feel comfortable to do so, but generally sharing time and laughs with the members of the Day Club.

Skills/Abilities and experience beneficial to the role

All volunteers have individual skills and talents, also a real desire to make a difference to people's lives. Volunteers may also have:

- An ability to work as part of a team, with a friendly and enthusiastic approach.
- An understanding of and the promotion of social interaction and stimulation in the Day Club setting.
- An understanding of the individuality and needs of older people attending the club.
- Be reliable and committed to the clients and to the Day Club.
- To have the ability to empathise and engage with staff and clients of the Day Club, regardless of cultural or social background.

Tasks/responsibilities

- Working under the direction of the club leader help with refreshments and food, chat to members and assist with activities
- To accept the training, supervision, support and direction offered by AgeUK CAP
- Highlight to the club leader any concerns regarding members wellbeing
- Raising awareness of general services and activities which might be provided by AgeUK CAP or others, to the benefit of older people and their families