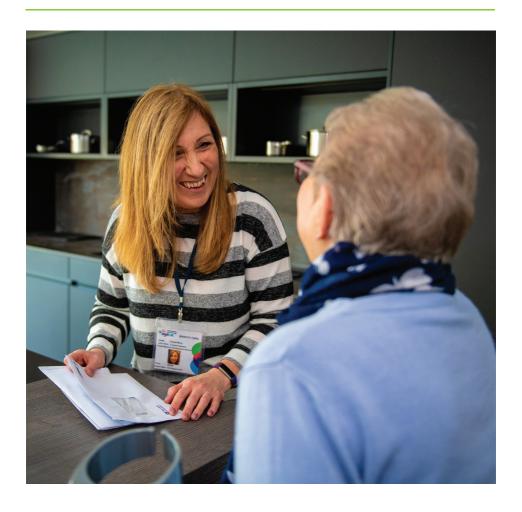


# Community Warden Services



# Supporting wellbeing and independence

Our objectives are to help older people to maintain their independence and health and wellbeing, by providing services that meet individual needs.

## Contact Us



0300 666 9860



wardens@ageukcap.org.uk



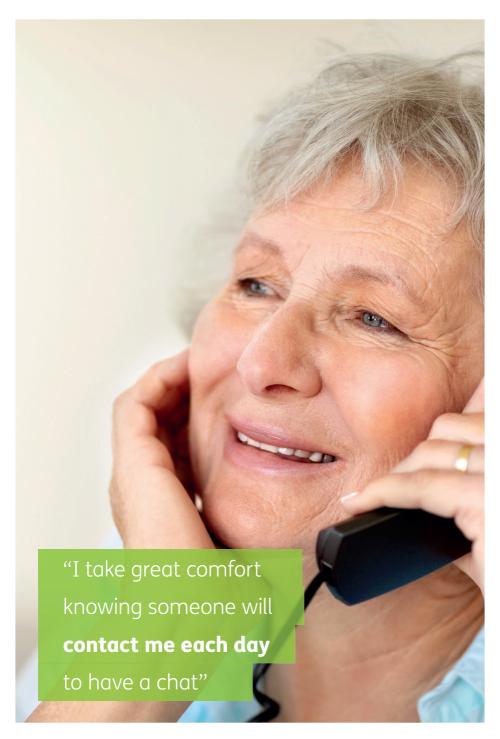
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# **Community Warden Services**



The service assists older people to continue to live independently at home by providing daily contact (Monday to Friday) and support, either by a personal visit or telephone call, to ensure a sense of security and wellbeing.

#### What can we help with?

- Listening to individuals concerns and linking them to helpful information and guidance
- Advice on other local community services
- Small items of shopping
- Collecting prescriptions
- Reading post
- Making phone calls on their behalf, if requested
- Ensuring their safety and wellbeing

## **Funding**

The service is funded by various local agreements.

#### **Free Trial**

Participants will be entitled to a two week free trial, however after the trial period, we charge a small fee for our service which is payable to the warden.

A warden will provide individuals with daily contact giving them peace of mind and support for independent living, this can be ongoing or short term support depending upon what they need.

It is important to note that the warden is not a domestic, home help or a carer providing physical care.



#### **Available locations**

We are developing new services. Currently we offer services in:

- Cambridge City
- Elv
- Girton
- Histon & Impington
- Linton
- Littleport
- Ramsey
- Stapleford
- Swavesey
- Teversham
- Waterbeach, Landbeach and Chittering

# **Our Services**



Age UK Cambridgeshire & Peterborough offers a variety of services for older people and their carers.

#### **Information and Advice Services:**

Including Visiting Support Service for Older People

#### **Practical Services:**

- Community Wardens and Support at Home
- Homes and Gardens (Housework and Gardening)
- Cambridgeshire Handyperson Service

#### **Social Opportunities:**

- Day Services & Friendship Clubs
- Sharing Time
- Volunteering

#### We also:

- Campaign on issues that affect older people
- Offer **free** talks to clubs and professionals
- Host General Meeting events providing information, entertainment and opportunities to gather public views and opinions
- Have meeting rooms available for hire in Cambridge and Peterborough



For more details about any of our services, please call us on: **0300 666 9860** or email **infoandadvice@ageukcap.org.uk** 



# **Get Involved**

Why not get involved and help Age UK Cambridgeshire and Peterborough to continue providing high quality services to people in later life.



If you have some spare time, there are lots of things you can do, whether you want to give your time by volunteering, take part in a fundraising event, or help with our campaigns, your help would be much appreciated.

- Volunteering
- Fundraising
- Make a Donation
- Leave a legacy

www.ageuk.org.uk/ cambridgeshireandpeterborough/get-involved/





# **Age UK Cambridgeshire and Peterborough**

2 Victoria Street, Chatteris, Cambridgeshire, PE16 6AP

Tel: 0300 666 9860 www.ageukcap.org.uk





Find us on facebook and twitter

Age UK Cambridgeshire and Peterborough is a charitable incorporated organisation registered with the Charity Commission for England and Wales with registered charity no. 1165856 Registered Office: 2 Victoria Street, Chatteris, Cambridgeshire, PE16 6AP.