

---

# Cambridgeshire Handyperson Service

---



---

# Supporting your wellbeing and independence

---

Our objectives are to help older people to maintain their independence and health and wellbeing, by providing services that meet individual needs.

---

## Contact Us



01480 700 205



chp@ageukcap.org.uk



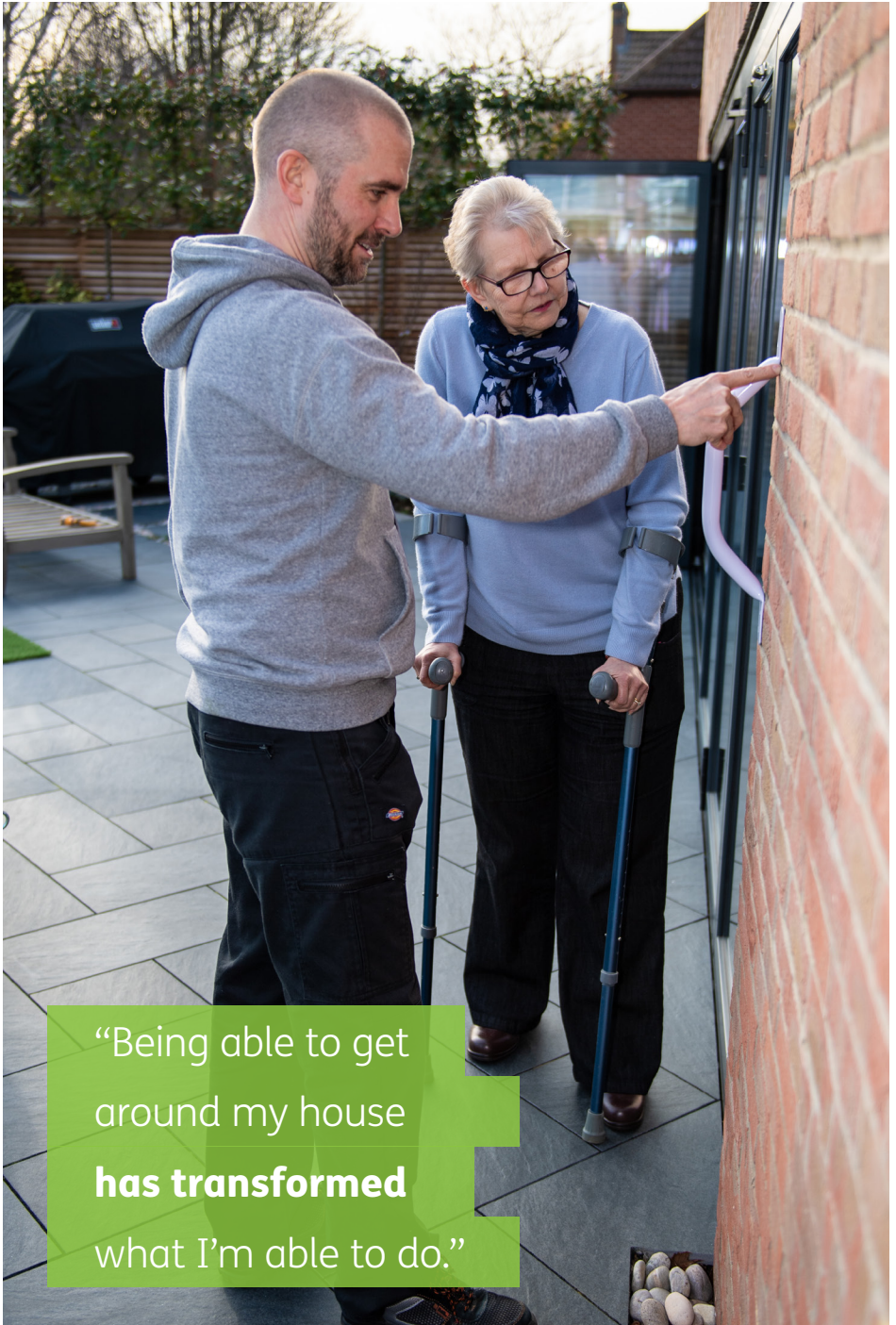
www.ageukcap.org.uk



@AgeUKCAP



@AgeUKCAP



“Being able to get around my house has transformed what I’m able to do.”



## Help to live safely and independently in your home

---



**Falls Prevention** – We aim to reduce falls and accidents by offering: a **free** Personal Assessment and Home Safety Check. We can advise on aids and adaptations for your home.

**General DIY** – Here to do those small jobs that you carried out in the past, but either you are no longer able to, or feel safe to do so. £25 for the first hour and we charge for every 15 minutes thereafter, plus any materials.

**Home Energy Checks** – **Free** Oct-March. Small measures to make your home more energy efficient.

**Hospital Discharge Facilitation** – furniture moves, installation of key safe, referrals from health professional.

**For who** – over 65's or any adult living with a disability.

---



---

### Examples of what we can do:

- Key safe supply and fit - £45.00
- Grab Rails (**free**), Banister rail, Galvanised rails
- Door Access Step
- General carpentry / Putting up shelves / Assembling flat-packed items
- General plumbing / Renewing shower sealant / changing taps and washers
- Fitting blind/curtains
- Changing light bulbs (free if completed at assessment)

---

The assessment is free and there is no obligation to order any work. We have our own staff/contractors all of whom are DBS checked.

---



---

## Our Services

---



Age UK Cambridgeshire & Peterborough offers a variety of services for older people and their carers.

---

### Information and Advice Services:

Including Visiting Support Service for Older People

### Practical Services:

- Community Wardens and Support at Home
- Homes and Gardens (Housework and Gardening)
- Cambridgeshire Handyman Service

### Social Opportunities:

- Day Services & Friendship Clubs
- Sharing Time
- Volunteering

### We also:

- Campaign on issues that affect older people
- Offer **free** talks to clubs and professionals
- Host General Meeting events – providing information, entertainment and opportunities to gather public views and opinions
- Have meeting rooms available for hire in Cambridge and Peterborough



For more details about any of our services, please call us on: **0300 666 9860** or email **[infoandadvice@ageukcap.org.uk](mailto:infoandadvice@ageukcap.org.uk)**

---



## Get Involved

---

Why not get involved and help Age UK Cambridgeshire and Peterborough to continue providing high quality services to people in later life.

If you have some spare time, there are lots of things you can do, whether you want to give your time by volunteering, take part in a fundraising event, or help with our campaigns, your help would be much appreciated.

- Volunteering
- Fundraising
- Make a Donation
- Leave a legacy

---

[www.ageuk.org.uk/  
cambridgeshireandpeterborough/get-involved/](http://www.ageuk.org.uk/cambridgeshireandpeterborough/get-involved/)

---





#ProudtobeAgeUK

---

## Age UK Cambridgeshire and Peterborough

2 Victoria Street,  
Chatteris,  
Cambridgeshire,  
PE16 6AP

Tel: 0300 666 9860  
[www.ageukcap.org.uk](http://www.ageukcap.org.uk)



Find us on facebook and twitter

Supported by:



Age UK Cambridgeshire and Peterborough is a charitable incorporated organisation registered with the Charity Commission for England and Wales with registered charity no. 1165856  
Registered Office: 2 Victoria Street, Chatteris, Cambridgeshire, PE16 6AP.

---