## **Insurance, Products and Services**

Most of us want to remain independent and to keep doing things in life we love most. Age UK Enterprises offers a wide range of products and services for the over 50s.

Find out if we can help you with:

- Home Insurance
- Car Insurance
- Motor Breakdown
- Travel Insurance
- Funeral Plan
- Personal Alarms
- Wills and Legal Services

## Call us on 01354 700113

(Direct dial to Age UK Enterprises Insurance, Products and Services only)

Age UK Home, Car and Travel Insurance are administered by Ageas Retail Limited.

Age UK Motor Breakdown is provided by Intana Assistance.

Age UK Funeral Plans are provided by Dignity. Brought to you by Age UK Enterprises Limited. Age UK Personal Alarms are provided by PPP Taking Care Limited and brought to you by Age UK Trading CIC.

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Age UK Cambridgeshire and Peterborough is a charitable incorporated organisation registered with the Charity Commission for England and Wales with registered charity no. 1165856 Registered Office: 2 Victoria Street, Chatteris, Cambridgeshire, PE16 6AP. T: 01354 696650



## **Our Services**

We believe that age needs respect.

It needs kindness. Sometimes it needs help.



















Age UK Cambridgeshire and Peterborough is your local independent charity working with and for older people across Cambridgeshire and Peterborough. Our objectives are to help older people to maintain their independence, health and wellbeing by providing services that meet individual needs.

#### **Information & Advice Service**

**FREE** information on a range of issues including: benefits, housing, community care, general health and wellbeing, guidance on completing forms and applications.

We have a range of useful **FREE** fact sheets and guides.

#### **Practical Services**

We offer a range of support so that you can be happier in your own home, stay safe and remain independent.

Cambridgeshire Handyperson Service: For over 65s or those living with a disability. We aim to prevent falls and accidents by offering a FREE Personal Assessment and Home Safety Check advising on aids and adaptations for your home. A charge applies for work undertaken, with the exception of grab rails which are supplied and fitted FREE of charge.

**Home Help:** Help with household tasks such as cleaning, laundry and ironing. Charge applies.

**Gardening:** Garden maintenance to help keep your garden neat and tidy. Operates in Fenland, Cambridge and South Cambridgeshire. Charge applies.

#### Contact us on

# 0300 666 9860

or email infoandadvice@ageukcap.org.uk

### **Social Support Services**

We offer a range of health and wellbeing services, which include:

**Day Centres:** We have 6 centres located in Cambridge, Huntingdon, March, Chatteris and 2 in Wisbech, providing friendship and social activities. A hot meal and beverages are provided. A small charge may be applicable.

**Community Wardens:** Help for people over 60 to live at home with support. A warden will phone or make a personal visit to you at home and can help with shopping, collect prescriptions, make phone calls on your behalf, help complete forms, liaise with other services. A small weekly charge is payable.

N.B. Only available in some areas.

**Visiting Scheme:** Our Volunteers offer weekly supportive friendship visits to older people who are isolated and lonely. This is a **FREE** Service.

**Volunteering:** We have a whole range of volunteering opportunities such as: befriending, day centre help, fundraising and administration - please get in touch to find out more.

www.ageukcap.org.uk

