

Your local independent charity  
supporting older people in  
Camden since 1965



# Good Neighbours Scheme



**Bringing company and conversation to  
older people in Primrose hill and NW3**

## **What is Good Neighbours Scheme?**

Our Good Neighbours Scheme offers befriending and companionship face-to-face for older people who are feeling lonely or would just like a bit of extra company.

An older person is matched with a volunteer who will visit their home on a weekly basis for around one hour.

## **Who can access the service?**

The service is for older people aged 65+ who live in NW3 and Primrose Hill.

Priority is given to those who are isolated, housebound, or living with disabilities.

**If you or someone you know could benefit from Good Neighbours Scheme then please contact us on [gns@ageukcamden.org.uk](mailto:gns@ageukcamden.org.uk) or 020 7443 9241**



## Who are our volunteers?

The service has a diverse team of volunteers who vary in age, gender and background. Clients are matched with volunteers based on personality and shared interests

Volunteers take part for a variety of reasons such as: an interest in listening and learning first-hand from the vast experiences of older people who have lived colourful lives or a desire to put something back into the community.



Volunteers are chosen, trained and supported in their role by the Age UK Camden team. All staff and volunteers are subject to a DBS Check. Please know our volunteers are unable to assist with shopping, personal care, odd jobs, DIY and appointment escorting.

If you are interested in volunteering with Good Neighbours Scheme, please contact us on [www.ageuk.org.uk/camden/get-involved](http://www.ageuk.org.uk/camden/get-involved) or email volunteering [@ageukcamden.org.uk](mailto:@ageukcamden.org.uk)

## **Age UK Camden offers a range of services to support, advise and inspire older people in the borough such as:**

- Care Navigation and Social Prescribing (working with GPs to support people with multiple health needs)
- Digital Support – drop in sessions and gadget clinics
- Counselling services
- Dementia services
- Telefriends - Camden-wide telephone befriending
- Information and Advice
- Day Care Centres
- Volunteering opportunities

### **Can you help Age UK Camden?**

As an independent charity responsible for raising our own funds, we need financial support to help us continue our work.

You can help us by:

- Making a one-off or regular donation
- Leaving us a gift in your will
- Organising or participating in a fundraising event.

## **Contact us**

**[gns@ageukcamden.org.uk](mailto:gns@ageukcamden.org.uk)**

**[www.ageukcamden.org.uk](http://www.ageukcamden.org.uk)**

**020 7443 9241**

@ageukcamden

