

Your local &  
independent older  
people's charity



Charity No. 293446  
Est. 1965

# Guide to Online Food Shopping



Online food shopping is a way of  
buying groceries and other  
household items via the  
internet.

*Please note that we are using Sainsbury's as an example.*

# Getting Started

1.

Sainsbury's nectar

We've introduced My ID to make login and registration easier.  
[Find out more about My ID](#)

### Log in

Email address

Password Show

[Forgot your password?](#)

Log in

New to Sainsbury's Groceries?  
[Register here](#)

To get started click on 'Register Here' underneath Log in.

2.

Sainsbury's nectar

We've introduced My ID to make login and registration easier.  
[Find out more about My ID](#)

### Register

To start, enter your email address

Email address

Continue

Already have a Sainsbury's Groceries account?  
Log in

Fill in your email address where it says 'Enter your email address' and then press 'Continue'.

3.

### We need to verify your email address

Before you can finish registering with Sainsbury's, we need to verify your email address. We've sent you a code to [jake.preston@ageukcamden.org.uk](mailto:jake.preston@ageukcamden.org.uk). Please enter the code to continue.

Enter your code

This code is valid for 10 minutes.

Continue

Not received your code?  
[Send me a new code](#)

Is this the wrong email address? To register with a new email, you can [go back and start again](#).

As a security feature, Sainsbury's will send a code to your email to verify you're in control of the email registered. Enter the code emailed to you, then press 'Continue'. If the code does not appear in your emails then press on 'Send me a new code' and another one will be sent out.

4.

### Register your account

#### Personal Details

Email address  
[jake.preston@ageukcamden.org.uk](mailto:jake.preston@ageukcamden.org.uk)

Title (optional)  
Please select

First name

Last name

1 First name is required 1 Last name is required

Mobile number  
We'll use this to contact you about order updates, and for security purposes.

Fill in your personal details here. You need to enter a mobile number so they can let you know when your food is near by.

5.

### Account details

**Password**

..... Show

Your password must have:

- ✓ be at least 8 characters
- ✓ contain 1 uppercase letter, 1 lowercase letter and 1 number
- ✓ contain no spaces
- ✓ be different to your name and email

**Confirm password**

..... Show

---

### Terms and conditions

We want you to know exactly how our service works and why we need your registration details. Please state that you have read and agreed to these terms before you continue.

I agree to the [terms and conditions](#)

Continue

Once you have filled in your details and agreed to the terms and conditions, press 'Continue' and the bottom of the page.

6.

### Get Started

Book a home delivery or collection from store

Book a delivery or collection

### Shop by category

Working to feed the nation

Summer

Price Lock

Seasonal inspiration

Father's Day

Dietary & lifestyle

Fruit & vegetables

Meat & fish

Dairy, eggs & chilli

Bakery

Frozen

Food cupboard

Drinks

Household

Beauty & cosmetic

Toiletries & health

Homeware & outdoor

Baby & toddler

Click on 'Book a delivery or collection'.

7.

Standard slot **Saver slot**

Show: All Day (6:00am - 11:00pm)

Time	Sat 5 Jun	Sun 6 Jun	Mon 7 Jun	Tue 8 Jun	W
<b>Morning delivery</b>					
6:00am - 10:00am	---	£1	£1	£1	
7:00am - 11:00am	---	£1	£1	£1	
8:00am - 12:00pm	---	£1	£1	£1	
9:00am - 1:00pm	---	£1	£1	£1	
10:00am - 2:00pm	---	£1	£1	£1	
11:00am - 3:00pm	---	£1	£1	£1	
<b>Afternoon delivery</b>					

You need to select a delivery time for the food to be delivered to your house. With Sainsbury's you can either choose a four hour window of delivery for a £1 or a one hour window of delivery for £4.

8.

Sainsbury's


Groceries **Favourites** Offers Discover Recipes Delivery Pass Summer BBQ

Search products

**Fruit & vegetables**

- British produce
- Fruit & veg essentials
- Summer eating
- Eat the rainbow
- Build a salad
- Make a smoothie
- Top sellers
- Best in season
- Flowers & plants
- Loose produce
- Fresh fruit >
- Fresh vegetables >
- Fresh salad >
- Fresh herbs & ingredients >
- Prepared fruit, veg & salad >
- Fruit & veg bigger packs

**Offer**



**Don't miss Offers on veggies**

Add flavour and variety to your BBQ with veggie kebabs

Shop now

**Delivery information**

Sunday 06 Jun - 11am-12pm to Sainsbury's for £4.00

Reserved until 4:18 PM today

[Change delivery time](#)

Your order is over £40. Choose your de price by booking your delivery slot.

**My dietary profile**

Create a dietary profile for you or an you're shopping for and we'll flag an products we don't think are suitable: as you shop.

Create

**My trolley**

Your are now ready to get shopping. On the left hand column you can see all the various categories of products. Click on one of the categories to have a browse. If you want to search for a particular product, type it into the search bar in the top right hand corner.

# Payment



1.

## Trolley

### Trolley summary

	Sainsbury's White Potatoes, Taste the Difference 2kg <input checked="" type="checkbox"/> Allow substitute	- 30 +	£60.00 £1.00/kg
	Sainsbury's Best of British Tomatoes, Taste the Difference 250g Only £1.50. Save 25p <input checked="" type="checkbox"/> Allow substitute	- 1 +	£1.50 £6.00/kg
	Sainsbury's Vittoria on the Vine Cherry Tomatoes, Taste The Difference 400g Only £2.25. Save 25p <input checked="" type="checkbox"/> Allow substitute	- 1 +	£2.25 £5.63/kg

### Order summary

Trolley	£63.75
Including savings	£0.50
Delivery cost	£4.00
<b>Trolley total</b>	<b>£67.75</b>

**Checkout**

Coupons can be applied in checkout

We accept:

### Delivery details

To: [jake.preston@ageukcamden.org.uk](mailto:jake.preston@ageukcamden.org.uk),  
Sw98pz [Change](#)  
On: Sunday 06 Jun, 11:00am-12:00pm [Change](#)  
Slot reserved until 4:18pm today

When you want to buy an item you need to click on 'add to basket'. Once you have done your whole shop, click on 'my trolley' in the top right hand corner. Double check that you have the right items and when ready press 'Checkout'.

2.

## Checkout

### Delivery details

Delivery time: [Sunday 06 June 2021, 11am-12pm](#)  
Delivery address: [31 Atlantic Road LONDON, Atlantic Road, London, SW9 8PZ](#)  
Delivery instructions: [Add delivery instructions](#)

### Is someone at the delivery address self-isolating?

Please let us know so we can help keep you and our drivers safe.

Yes, someone is self-isolating

### Coupons & E-Gift Cards

You have no coupons added to this order.

[Redeem Coupon](#) [Redeem E-Gift Card](#)

### Order summary

Trolley total	£63.75
Including savings of	£0.50
Delivery cost	£4.00
Total coupon savings	£0.00
<b>Total to pay:</b>	<b>£67.75</b>

### Substitution preferences

If a product is unavailable on the day of your delivery, our personal shoppers will select a substitute. If you'd rather we didn't do this, just let us know.

[My substitution preferences](#)

### Payment

Name on card

Card number

Expires end  
Month  Year

Card security code

**Place order**

This is the part where you will need your card details. Once you have filled in your card details press 'Place order'. Next you will be sent a confirmation email. All you do now is wait for your shopping to be delivered. It's that easy!