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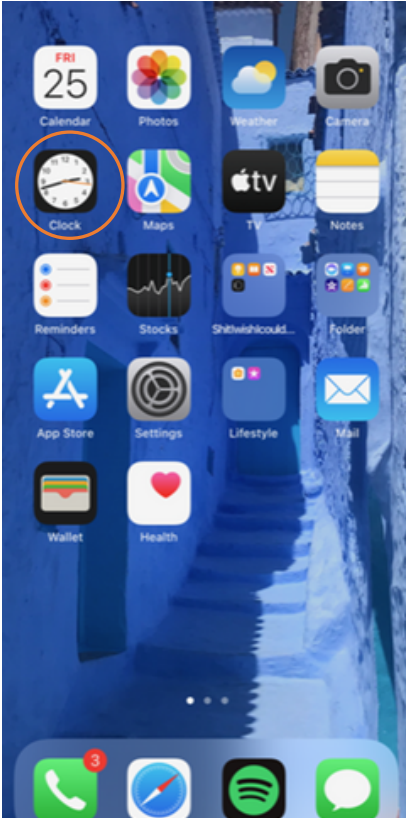
Guide to setting an alarm on your phone



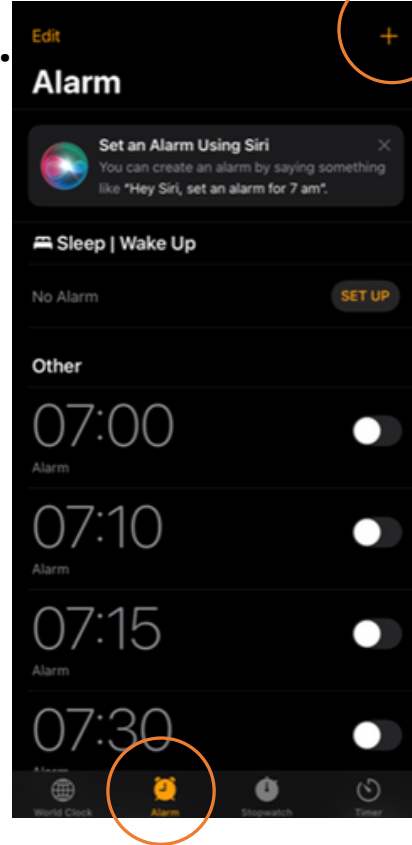
Setting an alarm on your phone can be used for a number of things such as to wake up, to remind you when to take dinner out of the oven or to take your medicine.

Setting an alarm on an iPhone

1. Tap on the clock.

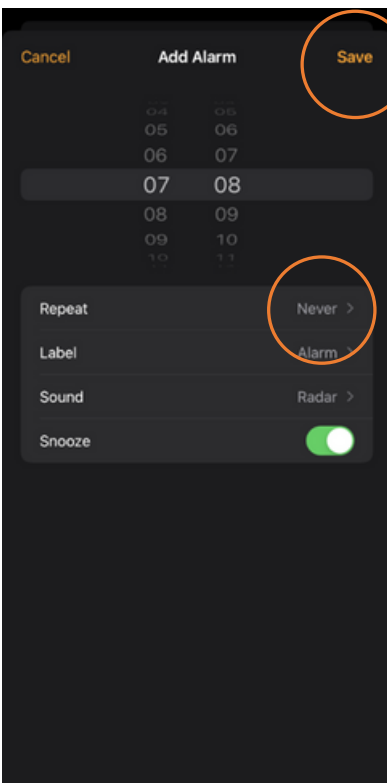


2. Tap on 'alarm' at the bottom of the page.



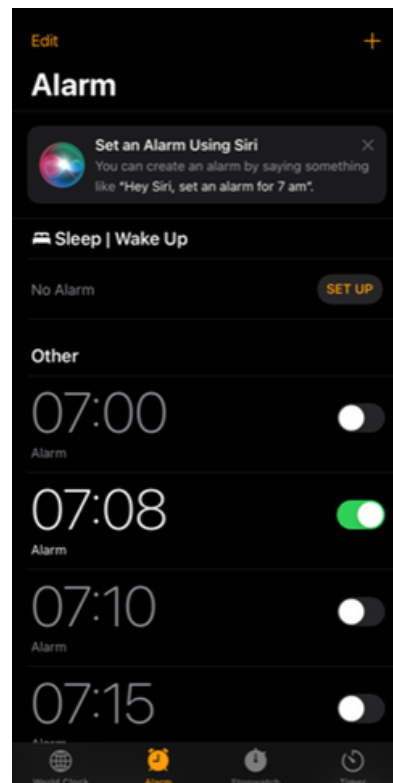
Then tap on the + in the top right of the screen.

3. Set your alarm to the time that you require. If you don't want the alarm to repeat make sure it says never.



Once you are happy with the alarm tap 'save' in the top right of the screen.

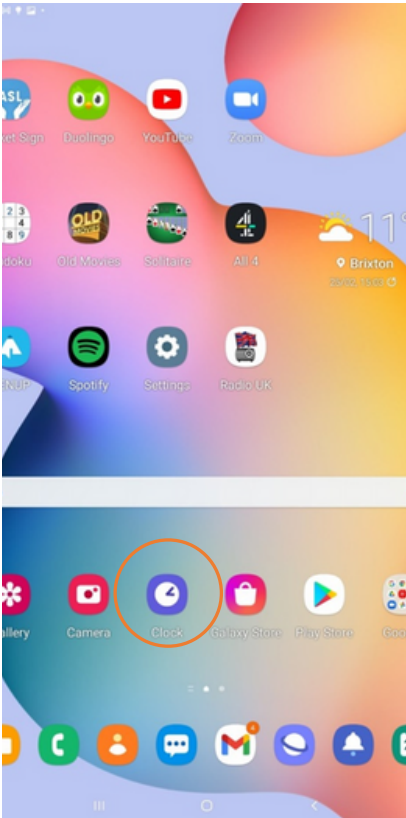
4. When an alarm is set it will have a green switch next to it.



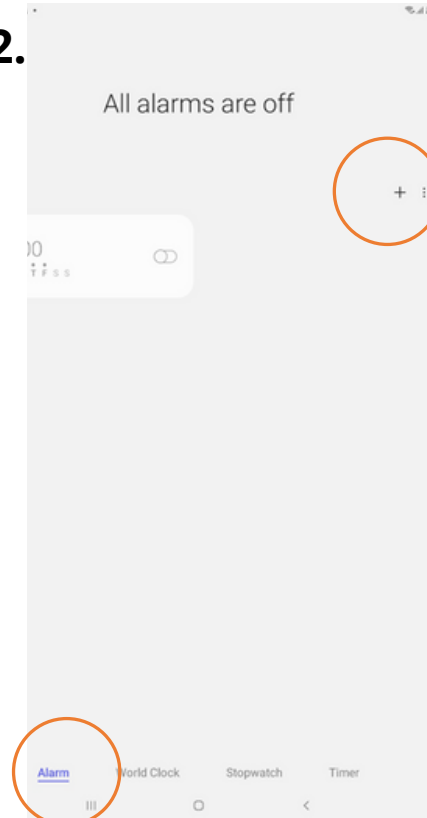
If you want to turn the alarm off just tap on the green switch.

Setting an alarm on an Android

1. Tap on the clock icon.

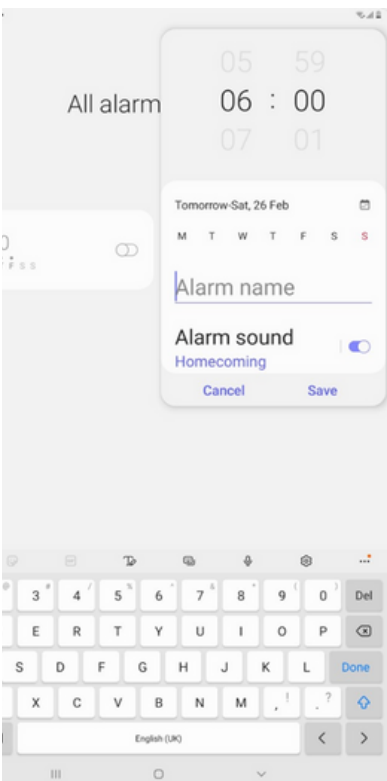


2. Make sure it is on 'alarm' at the bottom of the screen.

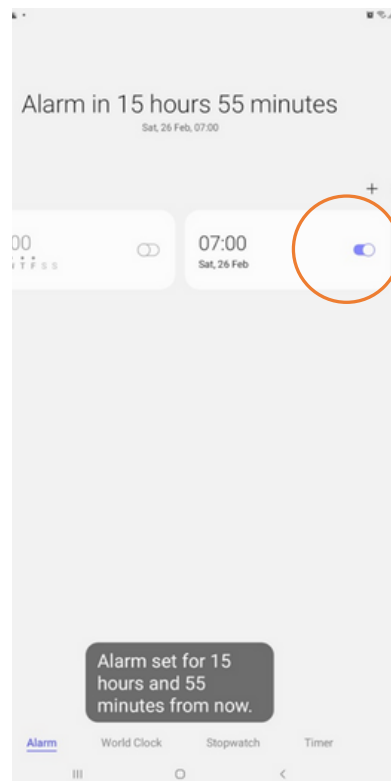


Then tap on + at the top right of the screen.

3. Select the time you want the alarm to go off. Then tap save



4. To show the alarm is on the switch will be blue.



To turn the alarm off just tap on the blue switch.

Contact us

For more information, or to sign up to one of our gadget clinics, please contact us on:

- General enquires -
020 7239 0400
- Information & Advice -
020 7837 3777
- www.ageukcamden.org.uk
- info@ageukcamden.org.uk

**Age UK Camden
Tavis House, 1-6
Tavistock Square,
London, WC1H 9NA**

**Charity No. 293446
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