

AGE UK CAMDEN COUNSELLING SERVICE
HONORARY GROUP COUNSELLOR/PSYCHOTHERAPIST

TASK DESCRIPTION

Post: Honorary Group Counsellor/Psychotherapist
Hours of volunteering: To be agreed
Responsible to: Counselling Services Manager

Main purpose

To provide weekly psychodynamically informed group counselling/psychotherapy to people of 55 years and over who are resident in Camden.

Duties and Responsibilities

1. To carry a case-load of one psychodynamically informed group per week for a fixed number of weeks (10+), at least twice a year.
2. To meet clients and assess their suitability for Group Therapy. Undertake selection for group therapy in collaboration with supervisor and peers.
3. To attend a clinical supervision group on no less than a fortnightly basis. You may need to attend a weekly supervision dependent on qualification and experience.
4. To attend regular training workshops as required (usually 2 or 3 a year).
5. To keep notes of clinical work, to undertake the confidentiality of any personal notes and to keep office notes up to date.
6. To behave in a manner appropriate to the position of counsellor: e.g. keeping professional boundaries, observing confidentiality of client information at all times.
7. To pay due attention to Age UK Camden's Equality and Diversity Policy.

PERSON SPECIFICATION

1. Fully qualified or near qualification at Post-graduate Diploma or Master level, on a psychodynamically informed recognised/accredited group psychotherapy training course, with around 100 hour supervised group work experience.
OR Looking for second training group as part of the qualification.
OR Be a qualified individual psychotherapist or counsellor with post graduate level training with a special interest in groups, perhaps attending pre-qualification training or diploma course in group psychotherapy.
2. Able or willing to work with clients with memory problems or early dementia.
3. Able to work within traditional counselling boundaries (e.g. time boundaries).
4. Able to understand the need for and observe confidentiality.
5. Able to take responsibility for own case-load (e.g. keeping appointments; notes up-to-date).
6. Able to use supervision, including a capacity to reflect upon and discuss with others the issues raised within group sessions.
7. Able to reflect upon the personal meaning for themselves of material from group sessions.
8. Interested in professional development, including attendance at regular training workshops provided by Age UK Camden.
9. Able to understand and work with due regard to equality and diversity issues (see the organisation's policy).
10. Able and willing to commit to volunteering for the counselling service for at least two years.
11. To be in personal therapy, preferably Group Analysis at least once a week, throughout the placement.