**Kitchen Help**

**Henderson Court Health and Living Hub**

**Introduction**

Henderson Court our Health and Positive Living Hub, located near Hampstead tube

offers daily care and support for older people in the Camden community. It is a place for people to

have an opportunity to chat, share a hot meal and enjoy different activities, Including the beautiful

outdoor space and garden. This role could be a first step in catering and you will be supported to

complete a basic food and hygiene certificate.

**In this role you will help with:**

* Plating the food which is delivered from our other centre (once food and hygiene certificate is complete)
* Washing Up
* Keeping the kitchen surfaces clear.
* Helping with cleaning the kitchen following the lunch.
* Supporting the staff to deliver a safe and enjoyable experience to the members.

**We are looking for people who:**

* Able to carry out physical duties such as washing up/ clearing and keeping the kitchen area clean.
* Willing to help during the busy lunch time period.
* Flexibility and a sense of humour are all useful.
* Willing to adhere to the boundaries and procedures of the organisation and any training required for the role.

**Volunteering Hours:**

The Hub is open Monday – Friday during the day.

We need help between 12 -2pm each day.

Volunteers can opt to help for one or more days.

**We will give you:**

* Induction to the Hub and role
* Support to do your role
* Expenses that cover your out-of-pocket costs whilst volunteering with us, e.g. travel costs.

**If you are interested, we will ask you to**

* Complete our volunteer application form
* Meet us for a chat about the role and what you will bring to it
* Supply us with two referees
* Basic DBS check
* We will also ask you to agree to follow our procedures that ensure the centre is a safe and welcoming place

**Thank you**

You can find out more about this and other services here: [www.ageukcamden.org.uk](http://www.ageukcamden.org.uk)