



Sainsbury's

**FEELING LOST IN THE DIGITAL
AGE? IT'S EASIER THAN IT LOOKS!
FREE DIGITAL DROP INS ARE
COMING TO SAINSBURY'S**

AGE CYMRU CEREDIGION ARE WORKING IN PARTNERSHIP WITH SAINSBURY'S TO PROVIDE IT SUPPORT & GUIDANCE IN CONNECTION WITH THEIR NEW NECTAR APP INITIATIVE.

THERE WILL BE FREE DIGITAL DROP INS AT THE LIBRARY NEXT TO THE SAINSBURY'S STORE IN LAMPETER ON THE FOLLOWING DAYS:

**TUESDAY 7 AUGUST 2018 between 10AM-12PM
MONDAY 13 AUGUST 2018 between 10AM-12PM
TUESDAY 21 AUGUST 2018 between 10AM-12PM**

THE AGE CYMRU CEREDIGION SESSIONS WILL BE OPEN TO ANYONE OVER 50 BUT SAINSBURY'S ARE OFFERING SUPPORT TO OBTAIN THE NEW APP TO ALL AGES AT THE FRONT OF THEIR LAMPETER STORE AT ANY TIME DURING THE WEEK BEGINNING 6 AUGUST 2018

THE SESSIONS WILL HELP YOU TO GET STARTED WITH OR PROGRESS YOUR IT SKILLS AND YOU CAN DO YOUR SHOPPING AT THE SAME TIME!

For more information contact Annmarie Butlin at Age Cymru Ceredigion on 01970 615151