

We are a local independent charity whose aim is to improve later life for people in our community, some of whom may be isolated or vulnerable. We achieve this by providing tailored services to meet the needs of people in later life. This leaflet provides you with an overview of the services we continue to deliver, in a safe way, during the COVID-19 restrictions.



Below is a summary of the vital services we provide for local older people. Further details of the services available are set out overleaf.

- **Information & advice**
- **Telephone Befriending**
- **Help at Home**
- **Men in Sheds**
- **Scams Awareness/Aftercare**
- **Lifestyle support**

For information about any of our services, please call us on:

01625 612958

or email enquiries@ageukce.org

or visit www.ageukce.org

Our key services

Information and Advice



This free service provides support to older people, their carers and families on the many issues impacting on people in later life. We can help with advising on benefits and money, social care, housing options, and local services and support.

'Keep in Touch' telephone befriending



Keep in Touch, and our Veteran's Keep in Touch, is our new befriending service, linking older people who may not get the opportunity for a regular friendly chat, with one of our telephone volunteers. You'll receive a weekly call at a time that suits you.

Help at Home



Our Home Helps can make your life so much easier and assist with a range of household tasks, helping you maintain your independence and keep you living at home for longer. You choose which tasks we do during your appointment time, giving you more choice, flexibility and control. *There is a charge for this service.*

Men in Sheds (Congleton)



Our shed in Congleton gives older men the opportunity to get together to share and learn skills, enjoy a chat and the support of others facing the same life experiences. There is a small charge for attending. *Shed currently open Monday & Tuesday—please call ahead to check availability and times.*

Scams Awareness & Aftercare



Our Scams Awareness project aims to prevent older people falling victim to a wide range of scams and doorstep crime. As well as publishing regular information about current scams, we will work with older people who have been victims of scammers, to help them get back on their feet.

This is just a summary of the key services we provide. For further information about all our services and how we may be able to help you or a family member, please contact us on 01625 612958 today.