

# New Horizon Club Activity Pack

## Issue 1 (January 2021)



Every winter has its spring – H Tuttle.

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**January – in this month.....**

**1796 – Scottish poet Robert Burns was born. What food and drink is usually taken during Burn’s night celebrations?**

**1863 – The first underground railway opened in London.**

**1895 – Which Tchaikovsky ballet premiered in St. Petersburg?**

**1933 – The construction of the Golden Gate Bridge in San Francisco began. Have you ever been to San Francisco or America?**

**1957 – the first Frisbee was produced. Do you have memories of playing with a Frisbee?**

**1978 – Volkswagen stopped producing which car in Germany?**

**1980 – Paul McCartney was released from a Tokyo jail and deported from Japan. What was his crime?**

**1990 – the leaning tower of Pisa was closed due to fears it was leaning too far. In which country is the leaning tower of Pisa?**

**2009 – Barak Obama was inaugurated as the United States of America’s first black president.**

## A bit of fun.....

**Equipment: a small soft ball or a pair of socks folded together.**

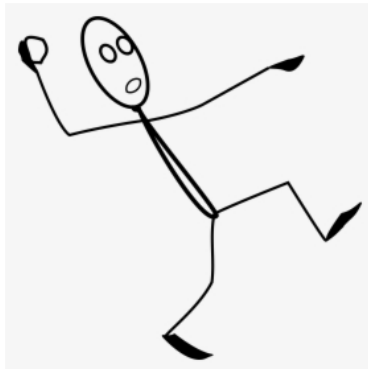
**Throw the ball or socks in to the air and catch.**

**Throw the ball or socks in to the air, clap then catch.**

**Throw the ball or socks in to the air, clap twice then catch.**

**How many times can you clap while the ball is in the air before catching?**

**If someone is with you then gently throw the ball or socks to them and they can throw them back. How many times can you do this before dropping the ball? To make it a little more complicated you could each have a ball and throw them to each other at the same time.**







The Snow Man  
By Wallace Stevens

One must have a mind of winter  
To regard the frost and the boughs  
Of the pine-trees crusted with snow;

And have been cold a long time  
To behold the junipers shagged with ice,  
The spruces rough in the distant glitter

Of the January sun; and not to think  
Of any misery in the sound of the wind,  
In the sound of a few leaves

Which is the sound of the land  
Full of the same wind  
That is blowing in the same bare place

For the listener, who listens in the snow,  
And, nothing himself, beholds  
Nothing that is not there and the nothing that is.



## Recipe - Fat Cakes for Garden Birds

### Ingredients

50g lard or suet

100g mix of unsalted peanuts, currants, salted raisins, oats, breadcrumbs, cake crumbs, grated cheese

### Equipment

Bowl

Saucepan

Spoon

String

Yogurt pot

### Method

1. Mix all the dry ingredients together in the bowl
2. Melt the lard or suet in the saucepan on a low heat then add to the dry ingredients. Stir well until the fat has been absorbed and the mixture sticks together.

3. Make a hole in the bottom of the yoghurt pots. Thread through a length of string. The string needs to go all the way through the pot so there is enough to hang the cake. Pack the pot with the warm mixture.
4. Place the yoghurt pots in the fridge. Leave overnight to set.
5. Remove the pots from the fridge and cut through and peel away the yoghurt pot.
6. Tie a big knot at the end of the string to secure the cake.
7. Hang the cakes in a tree or shrub.
8. Enjoy watching the birds tuck in to the cakes.

Please note these cakes should only be used to feed the birds on cold winter days and not in the summer.  
Recipe from Gardener's World.

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## **Elevenes** - a card game suitable for 1 player

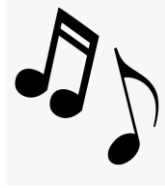
**Equipment:** 1 pack of playing cards, jokers removed.

The aim of Elevenes is to find matches that total the number 11 for example 10 + ace, 6 + 5. Suits do not have to match and pairs are made with Jack, Queens, and Kings.

Start by placing a card face up in a three by three square. If 2 of the cards equal 11 or there is a pair of King, Queen, Jack before you finish putting all the cards in that square place one card from the deck on each of the 2 cards that are a pair/equal 11. The aim is to match all the cards up so that the final cards are pairs/equal 11. If you reach the three by three square with no pairs then the game is lost and start again.







## Match song titles with artist

### SONG TITLES

Staying Alive

I Will Survive

American Pie

You're so Vain

I Shot the Sheriff

Maggie May

Mamma Mia

We've Only Just Begun

Don't Go Breaking My Heart

Hotel California

Devil Went to Town

I Can See Clearly Now

I Say a Little Prayer for You

The Candy Man

Heart Of Gold

Rhinestone Cowboy

### ARTIST

Carly Simon

Rod Stewart

Dionne Warwick

The Carpenters

Gloria Gaynor

The Eagles

The Bee Gees

Cliff Richard

Glen Campbell

ABBA

Neil Young

Sammy Davies Jr.

Bob Marley

Elton John & Kiki Dee

Don McLean

Jimmy Cliffe

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## Similes

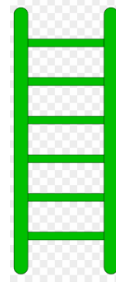
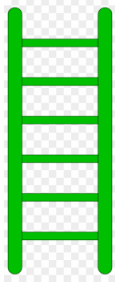
1. As cool as a nails
2. As clean as a bat
3. As strong as an button
4. Fit as a eel
5. Good as feather
6. As blind as a pancake
7. As free as a glove
8. As quiet as a mule
9. As cold as cucumber
10. As flat as a whistle
11. As slippery as an gold
12. It fits like a ox
13. As brave as a ice
14. As pretty as a owl
15. As stubborn as a bird
16. As hard as lion
17. As light as a mouse
18. As wise as an fiddle
19. As bright as a picture

*Word Search*  
**ELVIS PRESLEY**



**C G Y R A T I O N S M G M R**  
**W H J R A D P G K I N G S W**  
**Q R U I C O N R D G C R P T**  
**S I O R J U O A C U B A E O**  
**P D P C C G U M H I R C E C**  
**I I T N K H R M A T O E D O**  
**N V U I V N C Y R A C L W N**  
**O O P X U U R I R R K A A C**  
**U R E O G T K O O A A N Y E**  
**T C L N Z S B H L K B D Q R**  
**O E O M E L V I S L I O V T**  
**L I S A M A R I E Y L K I S**  
**G X U P R I S C I L L A N K**  
**S X J M I L I T A R Y R E T**

- |                   |                  |                  |                  |
|-------------------|------------------|------------------|------------------|
| <b>Tupelo</b>     | <b>Church</b>    | <b>Guitar</b>    | <b>Doughnuts</b> |
| <b>Rocknroll</b>  | <b>Gyrations</b> | <b>Military</b>  | <b>Priscilla</b> |
| <b>King</b>       | <b>Elvis</b>     | <b>Lisamarie</b> | <b>Icon</b>      |
| <b>Speedway</b>   | <b>Mgm</b>       | <b>Graceland</b> | <b>Concerts</b>  |
| <b>Nixon</b>      | <b>Divorce</b>   | <b>Spinout</b>   | <b>Charro</b>    |
| <b>Rockabilly</b> | <b>Grammy</b>    |                  |                  |



## Word Ladder

### Warm – Cold

**Instructions:** In word ladders, you change one word into another. At each step along the way, change just one letter to make a new word. Clues are given at each step!

W A R M

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

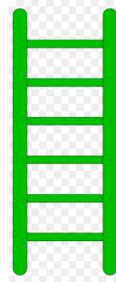
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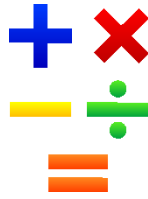
\_\_\_\_\_

C O L D

- A comfortable heat
- Cultivate land
- Ticket price
- Feel concern or interest
- Middle of an apple
- Wine stopper
- Think spring
- Manufacturer of automobiles
- Make fit in an envelope
- Chilly



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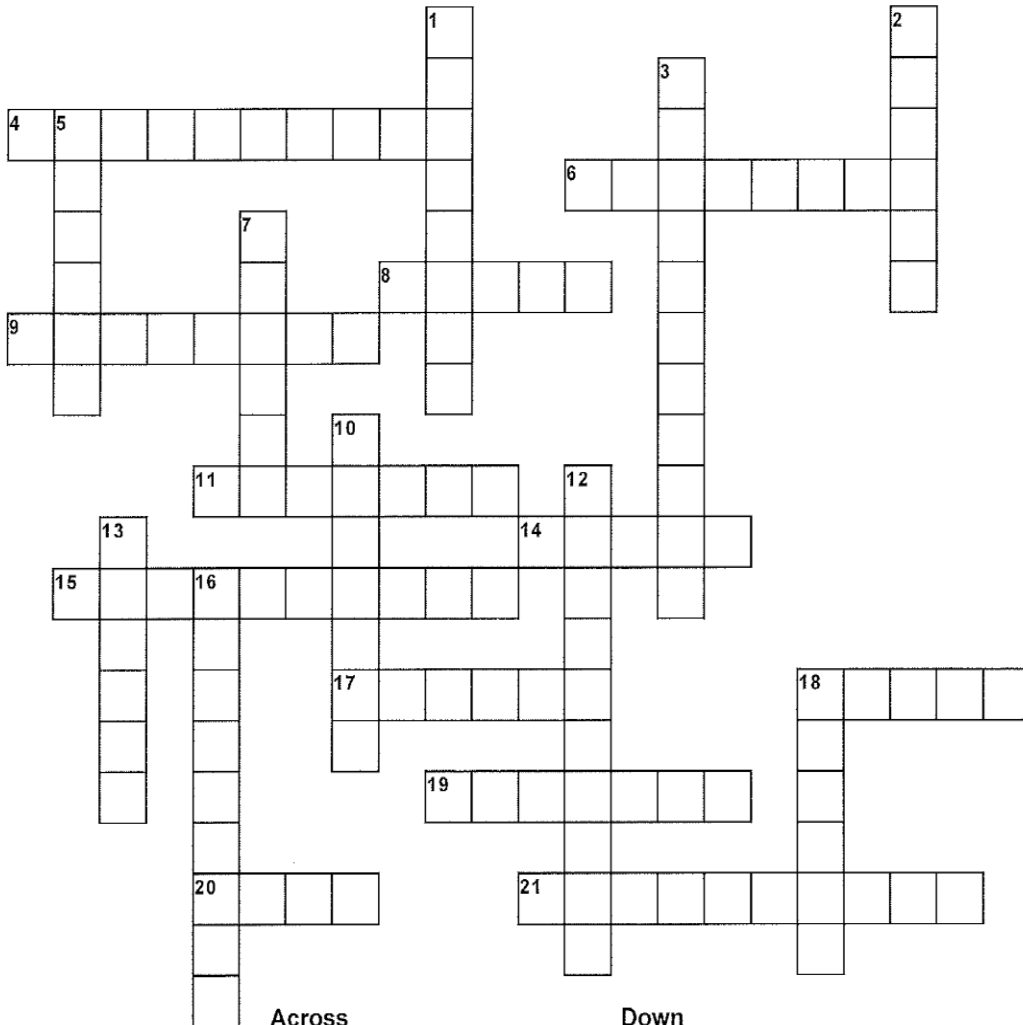
## Maths Quiz

Have fun solving these mathematical problems!

1. Half of 90
2.  $124 - 6$
3. Double 14
4.  $5 \times 6 \times 3$
5. Which of the following are odd numbers?  
42, 37, 21, 26, 38, 63
6. How many inches in 2 feet?
7. Round 827 to the nearest 100
8. What is the next number in this sequence?  
83, 80, 77, 74, 71, ...
9. Write down a multiple of 4 between 29 and 37
10. I have £1. I spend 35p. How much do I have left?
11. How many wheels on 8 cars?
12. Half of 32
13. 49 divided by 7
14. write the number one thousand, nine hundred, and seventy-one
15. how many in a baker's dozen?



# Capitals of the World



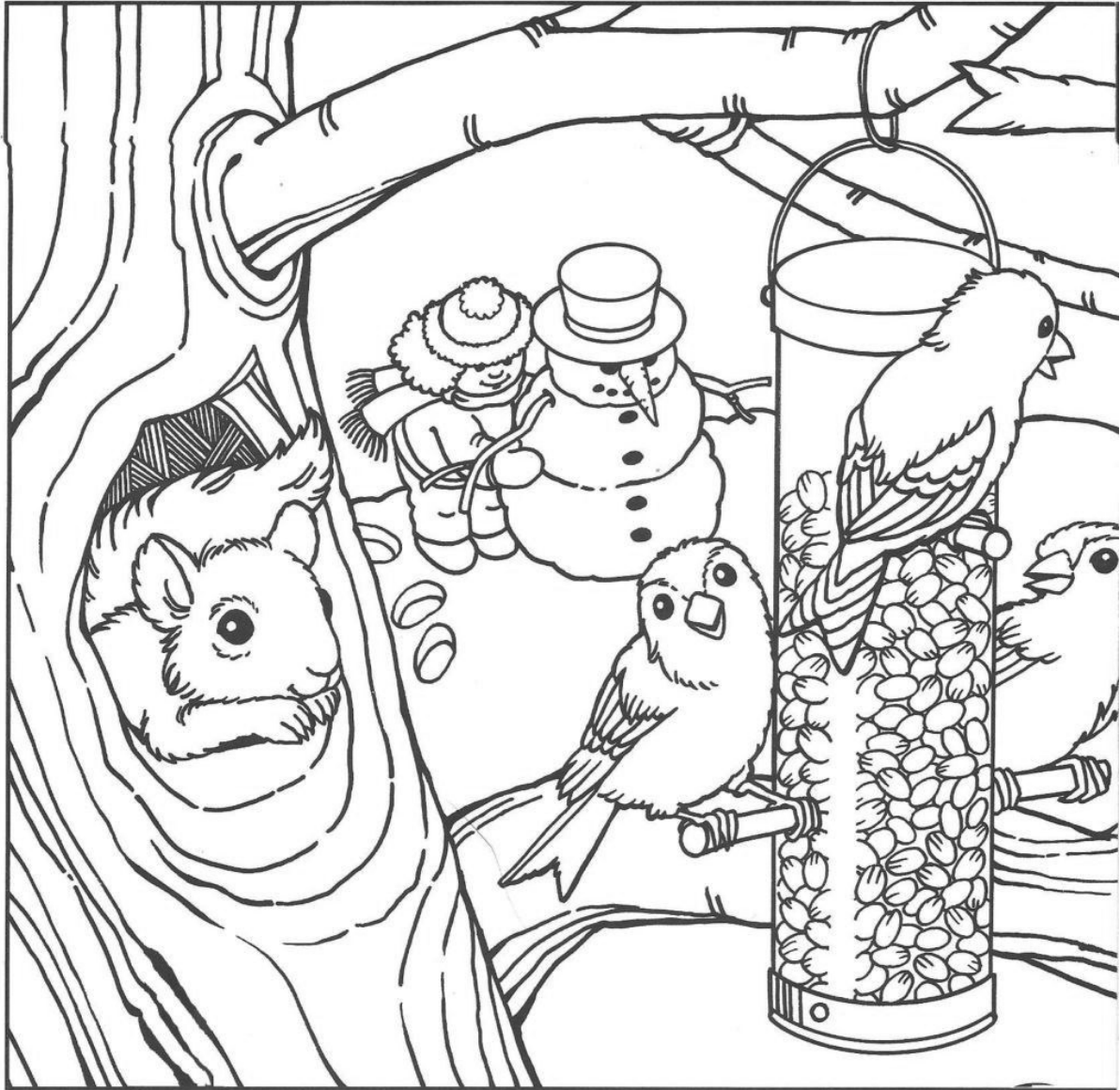
## Across

- 4 - United States (10)
- 6 - Brazil (8)
- 8 - Senegal (5)
- 9 - Belgium (8)
- 11 - Venezuela (7)
- 14 - Korea (5)
- 15 - Denmark (10)
- 17 - Taiwan (6)
- 18 - Bangladesh (5)
- 19 - Thailand (7)
- 20 - Italy (4)
- 21 - Uruguay (10)

## Down

- 1 - Chile (8)
- 2 - Canada (6)
- 3 - Malaysia (5, 6)
- 5 - Turkey (6)
- 7 - Austria (6)
- 10 - Indonesia (7)
- 12 - New Zealand (10)
- 13 - England (6)
- 16 - Scotland (9)
- 18 - Republic of Ireland (6)

# Colour Me In



## Word Boggle

S	N	I	Can you find the 9 letter word and how many words can you make using the letters?
E	P	H	
S	A	P	

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## Home

Look out of your window. List 10 items that you can see. If you have made the bird fat cake are there any birds enjoying it? Perhaps you could draw one of the items you can see in the space below?



**SAMPLE NOT TO BE COPIED**

## Jokes

Parallel lines have so much in common. It is a shame that they will never meet.

A man goes into a clothes shop.

"Can I try on that suit in the window?" he asks.

The assistant replies "No. Use the changing room like everyone else"

Why did the fish blush?

It saw the Ocean's bottom!

TO BE

The policeman couldn't believe his eyes when he saw a woman drive past him knitting.

He quickly pulled alongside the vehicle, wound down his window, and shouted

"PULL OVER!"

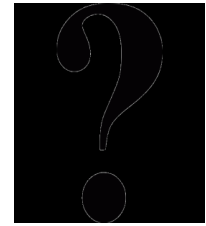
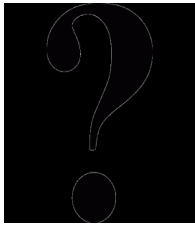
"No" she replied, "SOCKS!"

PLE

SAI







## Who Am I?

I was born on 17<sup>th</sup> January 1941.

I am an American professional boxer, activist and philanthropist.

I began training as an amateur boxer at age 12.

At 18, I won a gold medal in the light heavyweight division at the 1960 Summer Olympics and turned professional later that year.

I converted to Islam and became a Muslim in 1961.

I won the world heavyweight championship from Sonny Liston in a major upset aged 22 in 1964.

In 1966, I refused to be drafted into the military, citing my religious beliefs and ethical opposition to the Vietnam War. I was found guilty of draft evasion and was stripped of my boxing titles.

I was nicknamed "the Greatest".

Who am I? Answer overleaf.



## Muhammed Ali



What was Muhammed Ali's birth name?

Can you finish his quote: 'Float like a ..... And sting like a .....

**SAMPLE NOT**

**What memories do you have of winter? Do you remember the winter of 1963?**

**You can write down your thoughts or draw a picture**

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### Math Squares

Using numbers 1 – 9 fill in the gaps so that each row, column, and diagonal equal 15

	9	2
8		

Fill the grid using numbers 1 – 9 to make a non-stop connecting path

		2
	1	
7		9

## Winter Quiz

1. "Now is the winter of our discontent" is the opening line from which William Shakespeare play?
2. Which fruit has a variety called 'Winter Banana'?
3. In fiction, where is the land of talking animals and mythical creatures that one White Witch has ruled for 100 years of deep winter?
4. The Winter of Discontent was a winter in the UK of strikes by public sector trade unions demanding larger pay rises; who was Prime Minister at the time?
5. True or false. No country in the Southern Hemisphere has hosted, or even been an applicant to host, the Winter Olympics?
6. What was the name given to the public festivals held on frozen Thames throughout the 17th and 18th centuries?
7. How many sides do all snowflakes have?
8. 'A Winter's Tale' is a song that reached number 2 in the UK singles chart in January 1983 for which singer?
9. True or false. The Earth is closer to the sun in our winter than in summer.
10. Chionophobia is the extreme dislike or fear of what?

**SAMPLE**





## Comments

Please let me know your thoughts on this activity pack. If you want to send me some quiz questions or jokes to be included in a future issue then you can return this sheet to me at

Age UK Cheshire East, New Horizon Centre, Henderson Street,  
Macclesfield, SK11 6RA, or email me at  
[joanne.fishwick@ageukce.org](mailto:joanne.fishwick@ageukce.org)

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## Answers

### Page 3,

Haggis and Whisky, Swan Lake, Beetle, Marijuana was found in his luggage, Italy.

### Page 8

Staying Alive

I Will Survive

American Pie

You're so Vain

I Shot The Sheriff

Maggie May

Mamma Mia

We've Only Just Begun

Don't Go Breaking My Heart

Hotel California

Devil Woman

I Can See Clearly Now

I Say a Little Prayer for You

The Candy Man

Heart Of Gold

Rhinestone Cowboy

The Bee Gees

Gloria Gaynor

Don McLean

Carly Simon

Bob Marley

Rod Stewart

ABBA

The Carpenters

Eric Burdon & Kiki Dee

The Eagles

Cliff Richard

Jimmy Cliff

Dionne Warwick

Sammy Davis Jr.

Neil Young

Glen Campbell

### Page 9

1. cucumber, 2. whistle, 3. ox, 4. fiddle, 5. gold, 6. bat, 7. bird, 8. mouse, 9. ice, 10. pancake, 11. deer, 12. Glove, 13. Lion, 14. Picture, 15. Mule, 16. Nails, 17. Feather, 18. cow, 19. Button

Page 10 wordsearch

Page 11

WARM, FARM, FARE, CARE, CORE, CORK, CORD, FORD, FOLD, COLD

**SAMPLE NOT TO BE COPIED**

Page 12

1. 45,
2. 118,
3. 28,
4. 90,
5. 37, 21, 63,
6. 24,
7. 800,
8. 68,
9. 32 or 36,
10. 65p,
11. 32,
12. 16,
13. 7,
14. 1971,
15. 13

Page 13

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Capitals of the World



**Page 15**

9 letter word is happiness

**Page 20**

Cassius Clay, butterfly, bee

**Page 21**

4	9	2
3	5	7
8	1	6

5	4	2
6	1	3
7	8	9

**Page 22**

1. Richard III
2. Apple
3. Narnia (Lion, Witch, and the Wardrobe)
4. James Callaghan
5. True
6. Friends
7. Snow
8. David Essex
9. True
10. Snow

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