

Volunteer Role:

Keep in Touch befriender

Give Local • Help Local

Project:	Keep in Touch Telephone Befriender Age UK Cheshire East's telephone befriending services, providing weekly calls to older people
Location(s):	Across Cheshire East
Role summary:	To provide a friendly voice and general chat with people who may be lonely, socially isolated or in need of the reassurance of knowing their wellbeing will be checked each week.
Range of tasks:	To telephone the same clients on the same day each week, at pre-arranged times. Check their wellbeing, provide a listening ear and friendly voice. Report back each week on the call and any issues and concerns identified.
Time Commitment:	To suit the volunteer, from as little as half an hour each week
Skills/Qualifications:	Friendly and good with people Well organised, reliable and trustworthy Basic IT skills, able to send and receive emails
Training Provided:	Yes
Expenses Reimbursed :	Yes, both travel and out-of-pocket expenses
Benefits to volunteer:	Make a real difference to the lives of local older people, gain valuable experience and learn from a well-respected and trusted charity.
Application Procedure:	Informal chat and application form.
DBS Check required:	Yes – Enhanced
References:	No
Trial Period:	To be agreed between volunteer and Corporate Support Manager

About Age UK Cheshire East

Age UK Cheshire East is an independent local charity in Cheshire East, supporting people in later life. The charity was established in 1988 and is well placed to meet the growing demand for services and projects that support one of most rapidly increasing older populations in the UK.