

## Calendar August 2026:

| When                                          | What                                                           | Where                                                   | How                                                                                          |
|-----------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------------------------------------|
| Sat 1 <sup>st</sup> Aug<br>11am – 12 noon     | Square Mile Health walk:<br>Liverpool Street walk              | Meet by Kindertransport<br>statue, Liverpool St station | Just turn up<br>Prompt 11am start                                                            |
| Mon 3 <sup>rd</sup> Aug<br>2.15-4pm           | Golden Social: Scrabble,<br>coffee and chat                    | Golden Lane Community<br>Centre                         | Just turn up                                                                                 |
| Tues 4 <sup>th</sup> August<br>11am-12 noon   | Chair Yoga in-person<br>taster session                         | Tudor Rose Court, Fann<br>Street                        | Just turn up<br>Prompt 11am start                                                            |
| Tues 4 <sup>th</sup> Aug<br>1.30-3.30pm       | Digital support 1:1s                                           | Golden Lane Community<br>Centre                         | Contact Digital<br>Support for appt                                                          |
| Mon 10 <sup>th</sup> Aug<br>10.30am-12 noon   | Art Discussion Group                                           | Zoom                                                    | Just log in<br>Meeting ID: 849 376 2063<br>Passcode: hello                                   |
| Mon 10 <sup>th</sup> Aug<br>2 – 4pm           | Golden Social: film – <i>Dalek<br/>Invasion of Earth 2150</i>  | Golden Lane Community<br>Centre                         | Just turn up<br>Prompt 2pm start                                                             |
| Tues 11 <sup>th</sup> Aug<br>1.30-3.30pm      | Digital support 1:1s                                           | Golden Lane <b>and</b> Portsoken<br>Community Centres   | Contact Digital<br>Support for appt                                                          |
| Wed 12 <sup>th</sup> Aug<br>2-4pm             | Knit and Natter                                                | Portsoken Community<br>Centre                           | Just turn up                                                                                 |
| Fri 14 <sup>th</sup> Aug<br>11am onwards      | Saatchi Gallery: <i>The Sun<br/>and the Moon exhibition</i>    | Saatchi Gallery, Sloane<br>Square                       | Contact Alice to book<br>a place                                                             |
| Sun 16 <sup>th</sup> Aug<br>10am-12 noon      | Square Mile Health walk:<br>Barbican – Royal Exchange circular | Meet at Shakespeare Pub,<br>Goswell Road                | Just turn up<br>Prompt 10am start                                                            |
| Mon 17 <sup>th</sup> Aug<br>2.15-4pm          | Golden Social: coffee, chat<br>and Scrabble                    | Golden Lane Community<br>Centre                         | Just turn up                                                                                 |
| Tues 18 <sup>th</sup> Aug<br>1.30-3.30pm      | Digital support 1:1s                                           | Golden Lane Community<br>Centre                         | Contact Digital<br>Support for appt                                                          |
| Thurs 20 <sup>th</sup> Aug<br>2-4pm           | Square Mile Health walk:<br>St Pauls - Savoy circular          | Meet at St Pauls Tube, by<br>Café Nero                  | Just turn up<br>Prompt 2pm start                                                             |
| Mon 24 <sup>th</sup> Aug<br>2.15-4pm          | Golden Social: craft<br>workshop – <i>details tbc</i>          | Golden Lane Community<br>Centre                         | Just turn up                                                                                 |
| Tues 25 <sup>th</sup> Aug<br>1.30-3.30pm      | Digital support 1:1s                                           | Portsoken Community<br>Centre                           | Contact Digital<br>Support for appt                                                          |
| Wed 26 <sup>th</sup> Aug<br>2-4pm             | Knit and Natter                                                | Portsoken Community<br>Centre                           | Just turn up                                                                                 |
| Mon 31 <sup>st</sup> Aug                      | Golden Social: BANK<br>HOLIDAY, NO SESSION                     |                                                         |                                                                                              |
| <b>Coming up in September</b>                 |                                                                |                                                         |                                                                                              |
| Sun 6 <sup>th</sup> September<br>11am/12.30pm | British Museum<br>community preview:<br>Bayeux Tapestry        | British Museum, Great<br>Russell Street                 | Contact Alice to book<br>a place. We anticipate<br>high demand and will<br>operate a ballot. |

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