

Celebrating 2 Years of Impact

The Personal Health Budget (PHB) facilitates a holistic approach to personalised care, providing individuals with more choice, control, and flexibility over the decisions that influence their health and well-being. Community Gateway and Age UK Cornwall & IOS teams have managed 6 different grants and PHB projects in the last 2 years:

- One off payment PHB for admission avoidance, discharge and community prevention.
- Community health and wellbeing workers PHB
- Discharge support PHB
- WorkWell PHB
- People in Mind one off payment PHB
- Household Support Fund

Making a big difference

In the past two years, we have accomplished:

- ✓ 1,021 applications for the Household Support Fund
- ✓ 1,000 applications for Personal Health Budgets
- ✓ Provided over £1.1 million in funds
- ✓ Assisted individuals in accessing over £714,000 to enhance their well-being, prevent hospital admissions, or support their return home from the hospital.



provided
£1.1 million



+1,000
PHBs



Having a WorkWell PHB and enabling me to choose what I can use it on has really been very beneficial. Given that my condition may lead to increased fatigue and joint pain over time, I have opted for yoga as a means to enhance my health at present, ensuring that I remain more resilient for the future.



I am extremely grateful for the chair, which I couldn't afford myself. My old chair caused me constant worry, headaches, and arm pain. The PHB fund has transformed my life, restoring my social life and confidence, making me feel independent - it was like winning the lottery!

You matter - what you told us.

126 people shared their experience of receiving a PHB and what it meant to them:

95%

of people were
'satisfied' or 'very
satisfied' with the
support received

90%

of people said the
PHB met their needs
'extremely well' or
'very well'.

94%

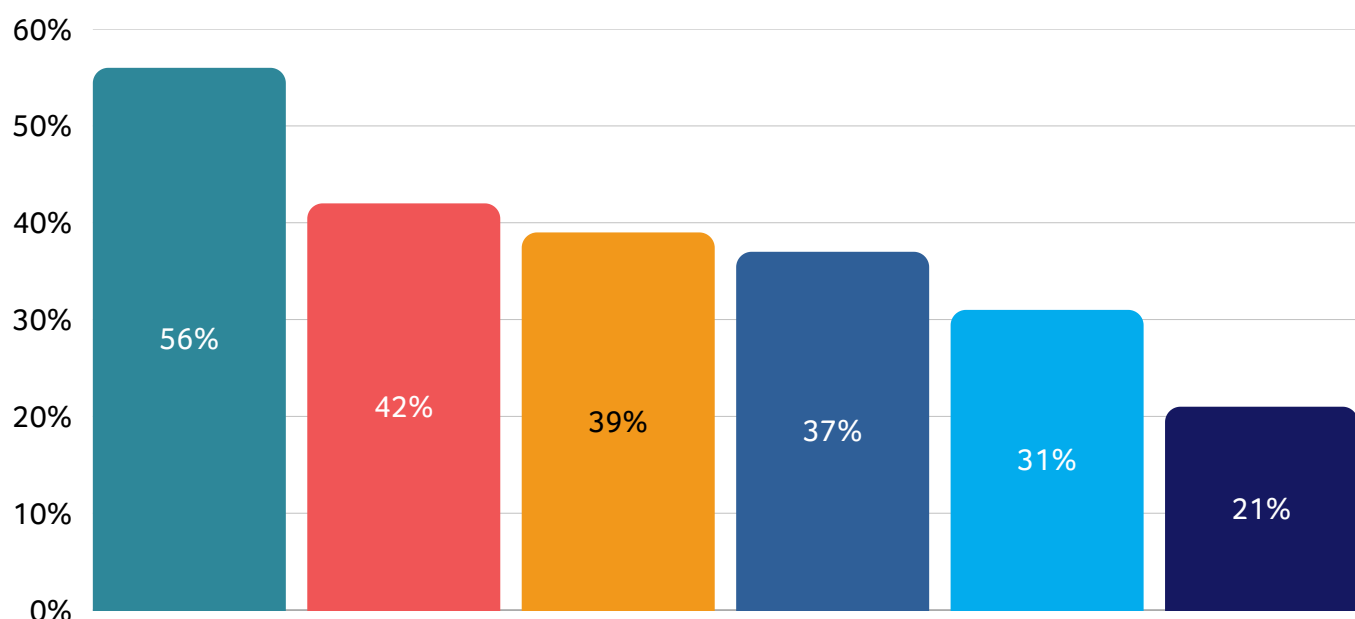
of people say the item/
service was 'extremely
important' or 'very
important' to the
improvement of their
health and wellbeing.

82%

said the PHB was
'extremely helpful' or
'very helpful' to help
them stay in their own
home or to return home
after a hospital stay.

What was the impact of this funding?

- It has provided me with something I could not afford
- I am happy and can live better
- It has reduced my anxiety
- It has improved my confidence
- It has increased my independence with more choice and control
- It has allowed me to try something new



Thank you, PHB, for all your help and support; it's made my life better by 90%.

Your support has been a lifesaver and has avoided a true crisis point.

Thank you, PHB. This is a fantastic service, and I am so grateful. I received a sofa bed that has helped tremendously with my back. I had no washing machine due to mine breaking, which you then provided me with. There was no way I could afford them by myself. A huge thank you; you've made such a positive difference in my life.

What would have happened without this support?

- My physical health would have changed
- My emotional well-being/mental health would have suffered or worsened
- I would have asked a health professional for more support
- I dont know and its hard to tell
- I would have asked a social care professional for more support

