



Govenek Knit & Natter



Meet people with shared interests,
enjoy great conversations - come
and craft with us in Newquay.



Tuesday's | 1pm - 2.30pm



Crantock Street,
Newquay. TR7 1JR



govenek@ageukcornwall.org.uk 01637 876150



Govenek Carers Group

Friendly, informal get-togethers
where you can chat with others about
your caring role.



Wednesday's | 10am – 11:30am
Running alternate weeks



Crantock Street,
Newquay. TR7 1JR



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Govenek Memory Hub



We provide a safe environment, where anyone affected by memory loss can find support.



Thursday's | 10.00am – 11.30am



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Govenek Tech & Tea



An opportunity to learn new skills, get online, share tips - getting more out of technology.



Tuesday's | 10.00am – 11.00am



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Govenek Happy Voices



Join a fun, connective, singing group that unlocks the power of memories through music.

 Friday's | 1pm – 2pm

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Govenek Nature Connections

 Cornwall &
the Isles of Scilly
ageUK
Let's change how we age

Bringing people together through nature.
Connect with like-minded people as we take part in gentle
nature-based activities, outings and inspiring talks.

 Monday's | 10.30am - 11.30am

 Only £5 per person

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Govenek

Nature Connections



Bringing people together through nature.
Connect with like-minded people as we take part in gentle nature-based activities, outings and inspiring talks - supporting each other to improve mental health & wellbeing.

 Monday's | 10.30am - 11.30am

 Only £5 per person

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Govenek

The Friday Club

A warm welcome awaits you at our Friday Club.
Friday Club now includes a Friday Men's Club too!
Note there is an additional charge for refreshments & lunch.

£ Only £11 per person

📅 Friday's | 10am to 2pm

📍 Crantock Street,
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