



Govenek

Activities Timetable

Monday

Social Circle - £11 ph/£6.50 for lunch if under 4hrs
Nature Connections - £5 | 10.30am - 11.30am

Tuesday

Technology & Tea - £5 | 10am - 11am
Knit & Natter - £5 | 1pm - 2.30pm

Wednesday

Carers Group - £5 | 10am - 11.30am - alternate weeks

Thursday

Memory Hub - £5 | 10am - 11.30am

Friday

Friday Club - £11 | 10am - 2pm - refreshments charge
Happy Voices - £5 | 1pm - 2pm

Cornwall &
the Isles of Scilly
age UK
Let's change how we age



Crantock St Newquay TR7 1JR - 01637 876150