



Govenek

Activities Timetable

Monday

Social Circle - £11 ph/£6.50 for lunch if under 4hrs

Tuesday

Technology & Tea - £5 | 10am – 11am

Knit & Natter - £5 | 1pm - 2.30pm

Wednesday

Carers Group - £5 | 10am – 11.30am

1ST Wednesday of the month

Thursday

Memory Hub - £5 | 10am – 11.30am

Friday

Friday Club - £11 | 10am - 2pm - refreshments charge

Happy Voices - £5 | 1pm – 2pm

 Cornwall &
the Isles of Scilly
ageUK
Let's *change* how we age



Crantock St Newquay TR7 1JR - 01637 876150

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