

6 Month Impact Infographic

WorkWell

WorkWell provides tailored work and health coaching for people with mental and physical health conditions and/ or disabilities so they can receive support to stay in or return to work. This infographic highlights the important impact of the WorkWell project throughout Cornwall; data from Oct 1st 2024 to Mar 31st 2025.

Impact Snapshot

WorkWell issued 249 action plans, with 130 people completing their work action plans. 93% of people stating that they were very satisfied with the support provided and the average age of participant was 41 years old.



370

Referrals



249

Action plans



130

Completed plans



93%

Satisfied or very satisfied



41 YRS

Average age



44%

of participants would have gone to their GP/local surgery without support from WorkWell.

38%

of people would have gone to mental health support services or their employer.



38%

of people would have struggled on without support.

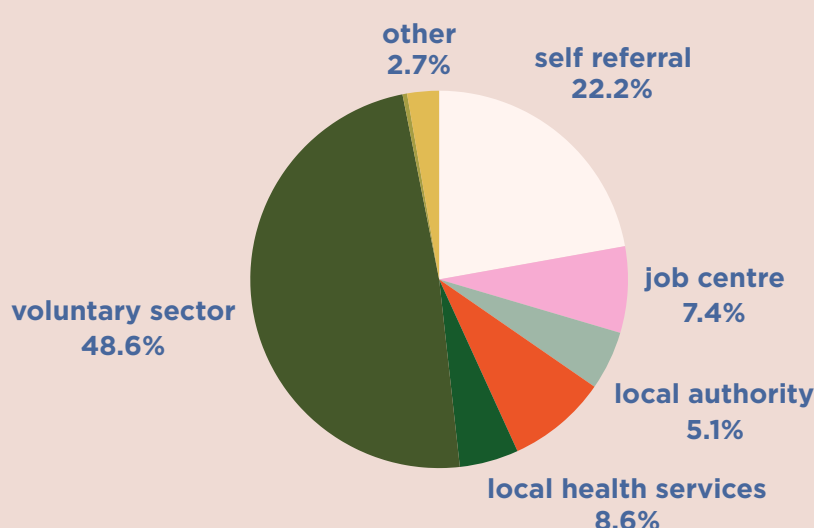
81%

feeling all or most of their health and wellbeing work needs were met.



figures are based on a subset of participants who completed a recent feedback survey.

Referral pathways



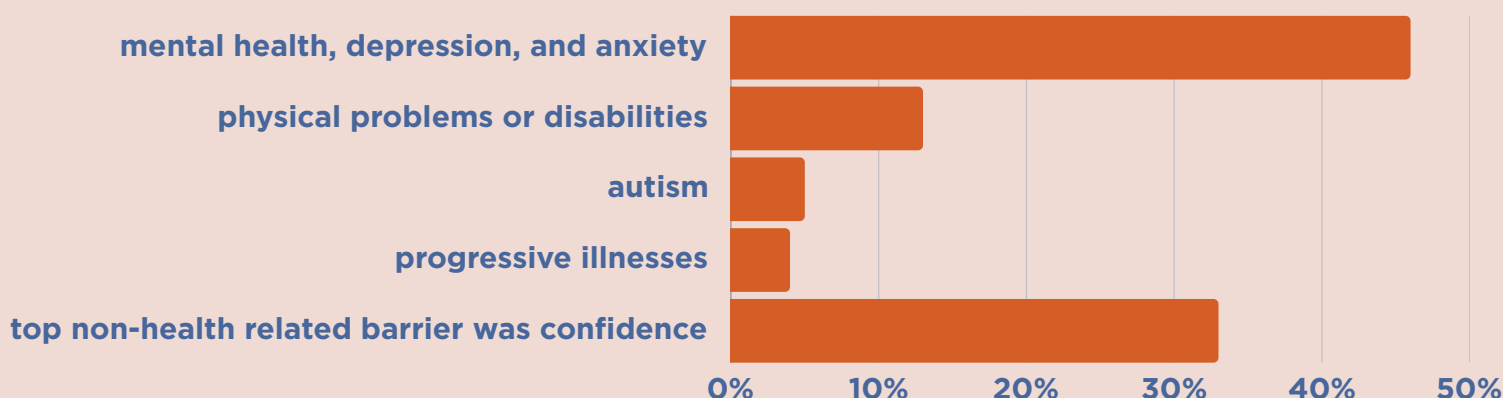
The majority of WorkWell referrals were received via the Voluntary sector, with self-referrals accounting for 22% of total referrals.

“ My coach was great to work with, listened, identifying what was important, it was positive and solution focused.

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Your Health - What you told us

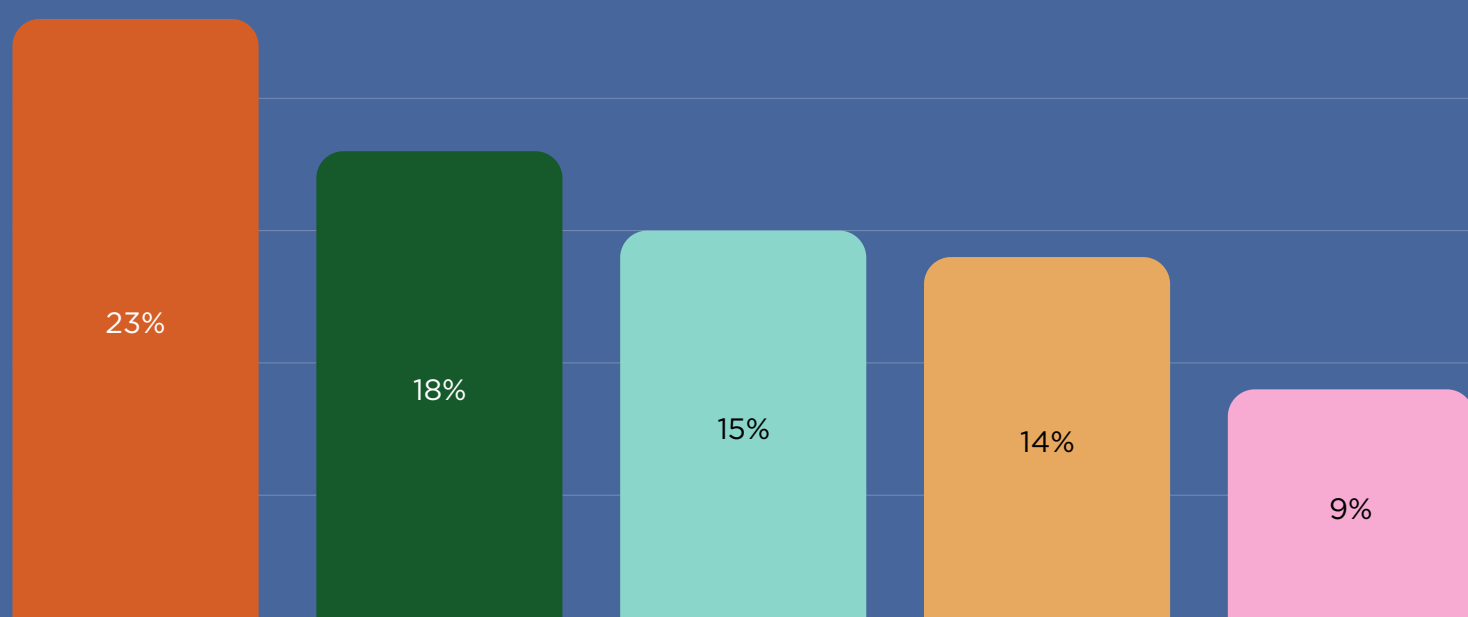
We asked you to share what your primary health and/or wellbeing barriers are, this is what you shared with us.



The top 4 primary health barriers that did not fall into the DWP described themes were chronic fatigue & fibromyalgia, other neurodiversity (e.g. ADHD), dyslexia, and female health issues.

Outcomes

- 23% of people remained in work part time
- 18% of people are seeking work
- 15% of people we found additional support for
- 14% of people started or returned part time
- 9% of people remained in work full time



You can find out more about WorkWell in Cornwall on this [link](#) or scanning the QR Code below.

SCAN ME



“ I don't know what I would have done without the support of WorkWell. They have been so incredibly supportive, a real safe space to 'hear' me.

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