

Active Living Support

t 01872 266383

e email@ageukcornwall.org.uk

We pride ourselves in supporting older people and their families to alleviate stress, anxiety, and loneliness. If you or a loved one need a helping hand, please call us today.



- **Home Support**
- **Gardening Services**
- **Companionship Services**
- **Home Admin**
- **Information & Advice**
- **Care & Social Bubbles; and outreach support from our Active Living Hubs**
- **Telephone Support**
- **Support with Getting online**
- **Cognitive Stimulation Therapy**
- **Dog Walking Services**



Call our Helpline today for more information, advice and prices.

Contact Active Living Support Services

Our community Helpline can be reached on:

01872 266383

email@ageukcornwall.org.uk

Age UK Cornwall

Boscawen House

Chapel Hill

Truro

TR1 3BN