

Age UK Cornwall & Isles of Scilly Home Support & Companionship Service is expanding this Winter



Home Support & Companionship

We at Age UK Cornwall and the Isles of Scilly recognise that a little bit of help and companionship can go a long way towards helping older people remain independent for longer.

Our Home Support service has evolved to offer a wide menu of options that can be tailored to the needs of each person we visit. The versatility of this service not only improves independence, but provides emotional benefits too, such as reducing anxiety and feeling part of the community again. Valerie explains, *“we get the benefit of a bright and bubbly visitor, a clean house and listening ear, nothing is ever too much trouble”*

What do we offer

Home Support includes a range of support options, including;

- Help with your shopping
- Domestic cleaning
- Assisting with laundry
- Companionship services
- Meal preparation
- Kitchen and bathroom cleaning
- Connections to you to your community
- Help with your garden



Is it for me?

Our Home Support Service is reliable, friendly and engaging. We aim to provide you and your loved ones with peace of mind and confidence to live well in later life. All of our team are passionate about providing friendly assistance that is personal to you, and they complete regular training to ensure we offer the best service possible.

If you would like extra support, whether this is 1 hour per month or 1 hour per day, we can find the right solution for you.

To book or find out more, call our Helpline: 01872 266383



Recruitment Opportunities

Due to increased demand, we are now recruiting in Truro, Hayle, Penzance, Helston, Liskeard & Wadebridge!

Do you want to support an older person to achieve their goals and aspirations? Do you have a “can do attitude”? Can you offer practical help and support with a friendly face?

If so, please apply at the link below or call **01872 266388** to find out more.
<https://www.ageuk.org.uk/cornwall/get-involved/join-our-team/>