## How we can help

A Home and Hospital Story Elizabeth's Case Study



"Thank you for helping me, your support has made me feel connected and more like myself again"



## **Returning Home**

Recently, our Home and Hospital Service helped Elizabeth return home after a lengthy hospital stay. This short case study highlights some of the support our Home and Hospital Service can provide for your patients.

Elizabeth was initially hesitant to be discharged - but following a conversation and assessment with our discharge coordinator, we could alleviate Elizabeth's concerns and find the right support. Elizabeth's primary concern was the condition of her home, especially after such a long time in hospital.

With the support of the hospital team, we arranged for her home to be cleaned before her return. We also organised for meals to be delivered for the next couple of days - ensuring Elizabeth had warm, healthy food once she left the hospital.

Following further conversations, Elizabeth now attends the Age UK Cornwall community hub two days a week and is connected to someone she used to go to school with - providing companionship and friendship.

Our community hub also provides a wide range of activities in a safe and friendly environment. These activities help build resilience and increase independence.

Elizabeth's daughter was also struggling to cope, and as her main carer, felt that all of her mum's care would be left to her. This responsibility was overwhelming and only increased Elizabeth's anxiety. With support from the Carers Service, we have helped her daughter access a carers grant, a support network and provided her with respite and free time when Elizabeth is well cared for within our community hub.

