

Age UK Cornwall and the Isles of Scilly

Macmillan Cancer Support

The World's Biggest Coffee Morning



We are Macmillan

Not everyone knows that Macmillan are nurses, advisers, fundraisers, campaigners, volunteers, navigators and much much more. **Age UK Cornwall have worked in partnership with Macmillan for over 5 years and know that 98% of their total income comes from fundraising - so anyone who helped our Macmillan Community Navigator Team (Maria, Ellen & Linda) raise £144 on our 25th Sept coffee morning played a vital role in them continuing to offer these services throughout Cornwall.**

The World's Biggest Coffee Morning

The team invited all staff and volunteers onto a Zoom session so everyone could feel involved. Ellen, was the maître d and even offered a 'guess the location' in the background to test people's knowledge of the county!

Invitations were also sent beyond Age UK Cornwall to our partners & stakeholders, and absolutely anyone else who wanted to join in remotely, by running their own coffee morning and fundraising.

Cafes local to our Truro office were keen to support us too, with **Bread & Butter and The Old Cheese Shop both donating cakes and pastries.** *Suffice to say none were left by lunchtime!*



Covid-19 has been a challenge for all us. We have all had to adapt to new ways of living and working, including a socially distanced coffee morning! **Whilst we couldn't hold the event in a busy street, we still managed to share some light-hearted banter and happiness with anyone who wanted to join in - it was really great to see Truro Launderette and MBA consultants drop by for a cake or two.**

We thank you.

Raising Awareness

This simple idea raised awareness and revealed so much genuine support and emotion, here are just a few examples:

- Whilst hand delivering flyers to promote the morning, **Maria and Linda were stopped by a shopper who runs a support group in the far West, who commented on how much Macmillan funding has meant to them.** They were also encouraged to see there was a visual presence and fundraising campaign for Macmillan during the pandemic

- A person known to the team shared their personal experiences. **and the navigators were able to offer continued support and guidance on the day,** listening to how her experience had progressed

- A staff member of a local business shared **how important Macmillan Nurses were at the end of life of a family member**

- A local builder shared he had previously been homeless and how St Petrocs had supported him to get back on his feet. He thought

it was incredible how our two charities were teaming up **A friend of Linda's had made a wonderful cake for the coffee morning, which was donated to St Petrocs, a local charity working to end street homelessness in Cornwall. (See picture below)**



What you said

“It was a wonderful, uplifting day. I found the support from the staff heart-warming and it was great to connect with businesses in the community and with the people who were walking by. And, lovely to share such delicious cakes and pastries for such a good cause.”

Maria

“It was great to see how many staff came and supported us on the day and be able to bring a bit of normality to these uncertain times.”

Ellen

Just being out there and experiencing the enthusiasm, promotion of the charity and smiling faces, is such a lift. There's a wealth of support for us and what we can offer.

Linda

Staff also fed back it was great to have a feeling of 'normality' again, in a really informal way; having a natter, eating cake whilst ultimately, making a difference. Sharing and supporting one another is a vital need for all of us, especially those affected by cancer (either personally or otherwise).

A Message from the Team

We will continue to grow our fledgling links with local businesses and connections we've made since 25th Sept.

We're not an island and want to reach out to offer support and help you find information if you are affected by cancer, or just want to know more about it. That could be a quick, informal chat; some myth busters; or a simple learning session for you, your volunteers or staff. It's free, informative and could be life changing.

Please do get in touch if anything here sounds of interest, especially if you are in any of the following areas – **Penzance, Truro, Newquay, St Austell, Liskeard or Bude**. We'd love to hear from you (or your friends, family, colleague's and neighbour's).

Just call 01872 266383 (9am-4pm Mon to Fri) and ask for the Macmillan Team.