Home Support

Take a look at how Home Support services can help you!

Age UK Cornwall and The Isles of Scilly's Home Support service can provide real benefits. Its versatility not only supports independence but there are also emotional benefits too, such as being connected and feeling part of the community again.

- *Domestic cleaning*
- *Kitchen and bathroom service*
- *Connecting you to your community*
- *Shopping*
- *Companionship service*
- *Laundry*
- *Tailored to your needs*

Domestic cleaning

Regular visits to help with household cleaning tasks at times that suit your needs.

- Vacuuming
- Cleaning curtains
- Dusting services
- Changing bed linen and making beds
- Help with houseplants

- Kitchen cleaning
- Oven cleaning
- Washing up
- Bathroom cleaning
- Taking out rubbish

Kitchen and bathroom cleaning

There is nothing nicer to lift the spirits than having a fresh and clean kitchen and bathroom.

Connecting you to your community

Our Home Support Assistants can introduce you to groups and activities in your local area.

- Signposting to our community Helpline
- Offer a wide menu of support options
- Help you to get out and socialise

- Help on shopping trips by pushing trollies, checking prices, carrying bags and packing away shopping
- Checking food expiry dates & compiling shopping lists
- Posting letters and cards
- Dropping off and collecting prescriptions

Shopping

By having help at hand you can go to the supermarket with confidence; or, have your shopping done for you.

Companionship

A companionship service that will be there when you need some company or carer time out.

- A service that is friendly, reliable and just for you
- A service that gives you confidence and peace of mind
- A service that can be offered at home or outside

- Washing and drying
- Ironing and folding clothes
- Drop-off and pick-up laundry services
- Taking washing to the laundrette
- Organising wardrobes/cupboards

Laundry

Our Home Support Assistants can wash and dry clothes, tackle the ironing, change bedding and even put everything back in its place for you.

Tailored to your needs

Our Home Support Assistants are always happy to stay with you if you would like extra support.

As part of the Care Plan

- attend social activities
- assist with clothing selections
- participate in hobbies & crafts
- competitive rates to suit your need

All of our team are passionate about providing friendly assistance that is personal to you, and have completed training to ensure they become excellent helpers and companions.

We carefully select each Home Support Assistant. They go through a recruitment process which includes a practical assessment of their skills. Each is required to carry identity cards and are fully DBS (Disclosure and Barring Service), formerly CRB (Criminal Records Bureau), checked.

As well as being your helping hands, we are here to listen to your needs

Age UK Cornwall & The Isles of Scilly

We are the voice of age in Cornwall and the Isles of Scilly.

We were established 40 years ago in 1972 as Age Concern Cornwall. In October 2011 we joined Age UK, formed by the merger of Age Concern England and Help the Aged.

We are the leading independent charity in Cornwall and the Isles of Scilly working to improve the wellbeing of people in later life.

and don't forget

Safety support services

- Home fire brigade safety checks
- Regular smoke alarm checks by your Home Support Assistant
- Testing the functionality of your personal alarm

To book this service or to find out more, call 01872 266383

Cornwall &
The Isles of Scilly
ageUK

With compliments

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