

Get knitting for the Big Knit 2020-21



We're taking part in **Age UK's Big Knit campaign** with the **Innocent Smoothie Company** during **2020-21**

Last year we collected **22,418 little hats** which were all knitted by our supporters, raising over £5,600
Each hat knitted raises 25p for us to help us keep older people living in County Durham keep active, safe and well

Use the patterns in this leaflet as a start and then let your imaginations run wild with your own designs or you can look for additional knitting patterns online

Additional patterns can be found at www.thebigknit.co.uk/knitting-patterns and www.ageuk.org.uk/get-involved/fundraise/the-big-knit/

Contact us to return your hats or for more information
t 0191 374 6361
e info@ageukcountydurham.org.uk
w ageuk.org.uk/countydurham

how to knit

Easy peasy (well, it is if you take a look at the champion 'how to knit' guide at www.learn2knit.co.uk which will give you everything you need.) But if you've done a bit in the past, here's a reminder of the main stitch.

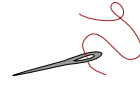
You'll need this stuff:



wool



small knitting needles
(3¼ mm - 4mm)



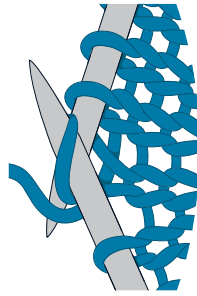
a sewing needle



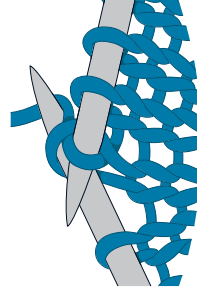
a pair of scissors



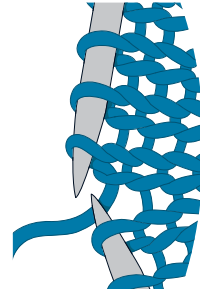
perhaps some bobbles



1. Insert the tip of the right needle through the first loop on the left needle, from front to back. Then wrap the working yarn around the tip of the right needle.



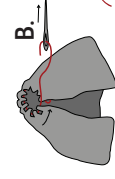
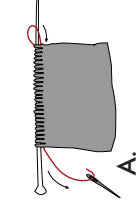
2. Pull the tip of the right needle and the yarn through the loop on the left needle.



3. Slip the old loop off the left needle to complete the stitch. Continue knitting stitches in this way until all the stitches on the left needle have been knitted onto the right needle. You have now completed one row of the knit stitch. Now pat yourself on the back.

beginner pattern

1. Pop your feet up with a cup of tea.
2. Using double knitting yarn and some small needles, cast on 28 stitches.
3. Knit 2 rows. Then, starting with a knit row, work in stocking stitch (knit 1 row, purl 1 row, knit 1 row etc) for 12 more rows.
4. For the next row, knit 2 together to the end (14 stitches). And for the row after that, purl 2 together to the end (7 stitches).
5. When you've finished, cut the yarn leaving about 25 cm. Thread the cut end of the yarn through a sewing needle, then run it through the loops and remove the knitting needle (fig. A).
6. Tighten the yarn (fig. B) and sew the little hat together at the side (fig. C). Once finished, turn it right-side out so that the seam you've just sewn runs up the inside.
7. Just to check you're on the right track we reckon when laid out flat, the hat dimensions should be about 5-7cm along the bottom and at least 3cm high.
8. Sew a little bobble onto the top of the hat. If you didn't learn how to make bobbles at school like us, ask at your local wool shop or department store – they'll be able to help you.



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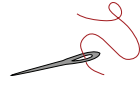
You'll need this stuff:



wool



small knitting needles
(3/4 mm - 4mm)



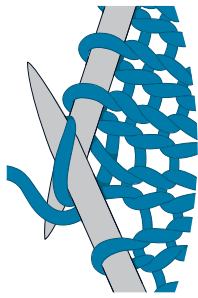
a sewing needle



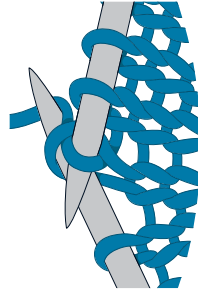
a pair of scissors



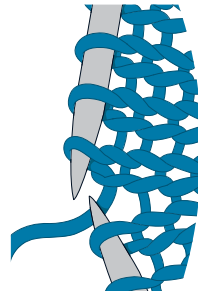
perhaps some bobbles



1. Insert the tip of the right needle through the first loop on the left needle, from front to back. Then wrap the working yarn around the tip of the right needle.



2. Pull the tip of the right needle and the yarn through the loop on the left needle.



3. Slip the old loop off the left needle to complete the stitch. Continue knitting stitches in this way until all the stitches on the left needle have been knitted onto the right needle. You have now completed one row of the knit stitch. Now pat yourself on the back.

intermediate pattern



1. Relax in your favourite armchair.

2. This time you need two colours. Using your main colour double knitting yarn and some small needles, cast on 28 stitches.

3. Knit 2 rows. Then, starting with a knit row and working in stocking stitch throughout (knit 1 row, purl 1 row, knit 1 row etc) do 2 rows of your second colour followed by 2 rows of your main colour. These 4 rows set your stripe pattern. Do 8 more rows in the same stripey fashion.

4. For the next row, knit 2 together to the end (14 stitches). And for the row after that, purl 2 together to the end (7 stitches).

5. Follow points 5 - 8 as per the beginners' hat to finish off.

6. Reward yourself with a snooze.

Stay on the cutting edge of bobble hat fashion with these tasty colour combos:



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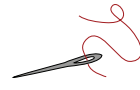
You'll need this stuff:



wool



small knitting needles
(3 1/4 mm - 4mm)



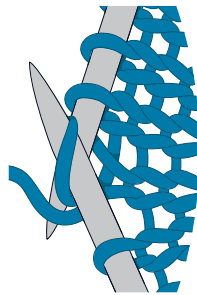
a sewing needle



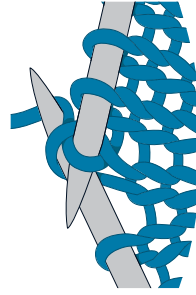
a pair of scissors



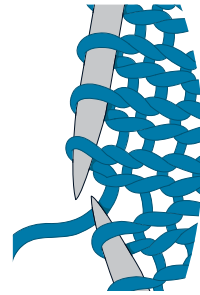
perhaps some bobbles



1. Insert the tip of the right needle through the first loop on the left needle, from front to back. Then wrap the working yarn around the tip of the right needle.



2. Pull the tip of the right needle and the yarn through the loop on the left needle.



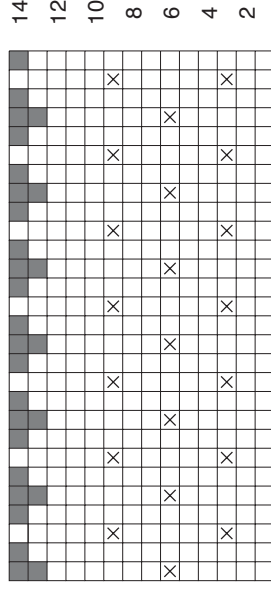
3. Slip the old loop off the left needle to complete the stitch. Continue knitting stitches in this way until all the stitches on the left needle have been knitted onto the right needle. You have now completed one row of the knit stitch. Now pat yourself on the back.

advanced pattern

1. Stick the kettle on.

2. For this one you should use yellow and red yarn, and you'll also need some green for the stalk and leaves. Using your red double knitting yarn and some small needles, cast on 28 stitches.

3. Knit 2 rows. Then, starting with a knit row and working in stocking stitch throughout (knit 1 row, purl 1 row, knit 1 row etc) do the 12 rows as shown below.



□ = Red X = Yellow ■ = Green

4. For the next row, using green, knit 2 together to end, then for the next row purl 2 together to end (7 stitches), followed by the next row which is knit 1, knit 2 together three times (4 stitches).

5. Transfer the 4 stitches from the right to the left needle, pulling the yarn tight and knitting them again. Repeat six times. This is an l-cord and will be the strawberry's stalk.

6. To finish, knit 2 together twice then pass the first stitch over the second. Fasten off by pulling the yarn through the last stitch.

7. Make up by sewing the side seams together and finish off by threading the yarn down the strawberry stalk.

