Age UK County Durham will, with your permission, make sure you have access to the services you require and that you are in receipt of all financial entitlements.

As part of our service we will make sure you are not taken advantage of by the unscrupulous, pay for things you don't need and will help you decide upon a trusted specialist if you need one.

# Talk to us today about how we can help you

We are available Monday to Friday 9.00am to 4.00pm

t 0191 374 6363

Age UK County Durham are offering this paid for service in response to requests from older people, their family and friends.

Most people would much prefer to stay in their own homes, to continue living in the communities they have for many years but as we get older, some jobs become more difficult to do and life at home can be less safe and manageable.

Although Age UK County Durham would ideally like to offer this service free of charge, we do not have the money to do that and therefore have to make a charge of £18.00 per hour.

What we will offer you is a thorough and trusted service that will go the extra mile to make sure the client receives the service they have requested and are aware of, or connected to other services that can protect them from the complexities and trials of life.



# **HELP AT HOME**

Help at Home provides a reliable and tailored service to support you or your loved one to remain safe and happy in your own home.

We offer a range of competitively priced support, that can make a big difference to your health and wellbeing.

Offering trustworthy and high quality services, assures peace of mind to your family and friends, who may otherwise worry about you.

# Keeping you safe and happy in your home for longer

#### **HANDYMAN SERVICES**



Offering extra help with small, practical jobs to make life easier and safer around the home.

#### Jobs can include

- Putting up curtain poles
- Hanging pictures and mirrors
- Securing safety rails
- Decorating
- DIY

#### **HELP IN THE HOME**

Keeping you safe and independent

We can help you or your loved one to manage in the home and remain independent for longer.

Our trained and security checked Home Helpers are happy to take the time to ensure you are happy, safe and content after each visit.

## We can help you with

- Housework
- Laundry
- Meals
- Shopping
- Trip to the shops
- Keeping appointments



#### **GARDENING**



Whether your garden needs a oneoff blitz, or would benefit from a regular maintenance schedule, we are here to help. Our professional and friendly gardeners will tackle a number of tasks to ensure that your green space remains a pleasure to look at, all year round.

## We can help with

- Weeding and clearing
- Pruning
- Hedge trimming
- Planting
- Mowing